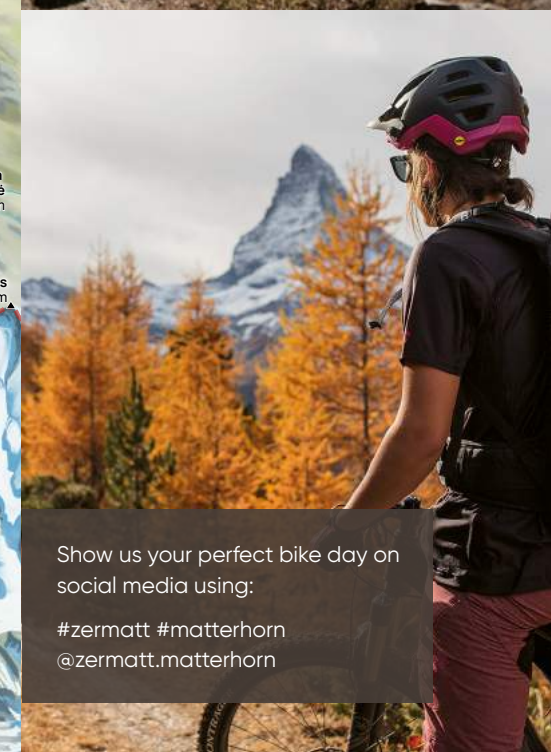
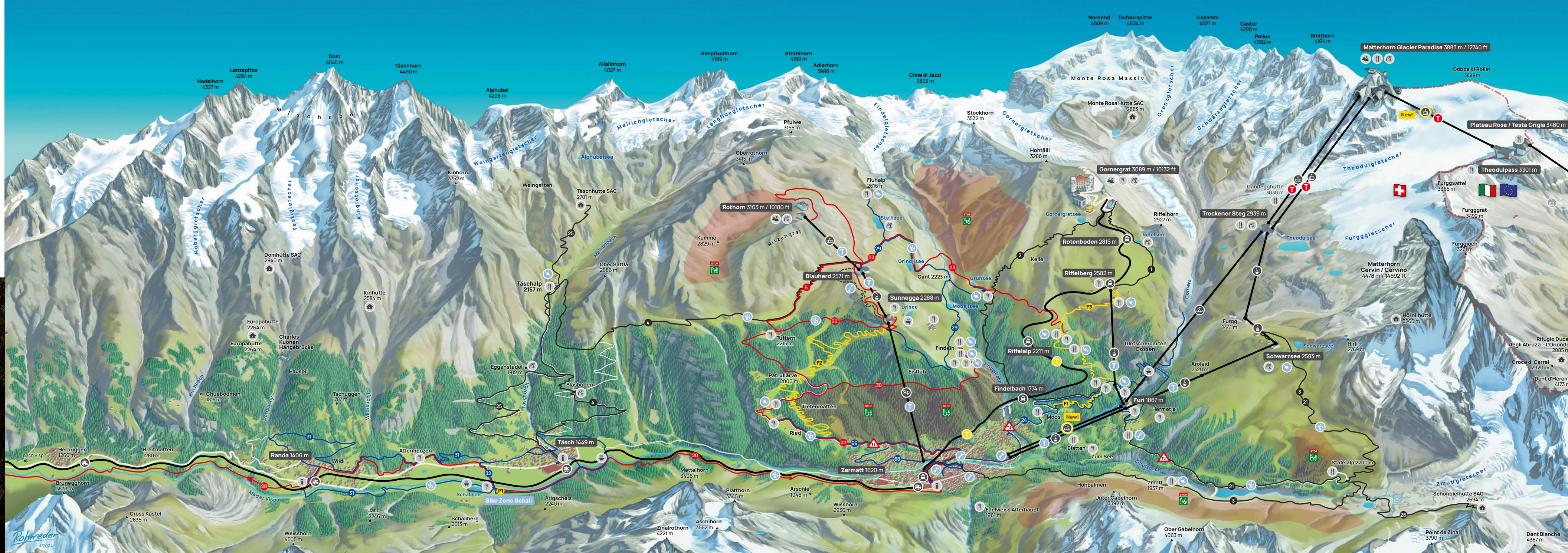


# UCI MTB WORLD CHAMPIONSHIPS 2025

Zermatt will be the host destination for the Mountain Bike World Championships in the Cross Country Short Track discipline in September 2025.

This is a mountain biking discipline based on short, technical tracks, making it one of the most exciting and intense forms of mountain biking.

www.valais2025.ch



## TRAILS & TOURS

- F1 Moos-Trail (Flowtrail)
- F2 Sunnegga-Trail (Flowtrail)
- F3 Riffelberg-Trail (Flowtrail)
- 1 Gornergrat Classic
- 2 Kelle - Lauberen
- 3 Kalbermatten - Yo-Yo
- 4 Tüfteren - Europaweg - Täsch
- 5 Blauherd - Sunnegga
- 20 Matterhorn Valley Trail
- 21 Furi - Schwarzsee Uphill
- 22 Zermatt - Sunnegga Uphill
- 23 Blauherd - Riffelalp
- 24 Glacier Garden Loop
- 25 Täsch - Täsch Hut
- 26 Stafel - Schönbiel Hut
- 29 4-Lakes-Tour
- 30 Oberer Höhenweg
- 31 Täsch - Randa - Täsch
- 32 Lake-Tour Täsch
- 66 Village route Zermatt
- P1 Bike Zone Scholi

Subject to changes

## CAPTION

- i Tourist office
  - T Bike transportation possible
  - T Bike transportation, temporal restriction
  - T Bike transportation not possible
  - Charging station E-Bikes
  - Bike-Shop
  - Many dedicated hiking trails
  - Project
  - Viewing point
  - Peak-Experience
  - Mountain restaurant
  - Fireplace
  - Attention: traffic
  - Forest and wildlife protected area
  - Rideable in both directions
  - Only downhill ridable
  - Flowtrail
  - Gravel road
  - Recommended e-bike route
  - Great for families
  - easy (Flowtrail)
  - easy
  - advanced
  - difficult (only for experts)
- (See overleaf for detailed difficulty rating)

## TIMETABLE OF THE MOUNTAIN RAILWAYS

Hours of operation Zermatt - Rothorn	Hours of operation Zermatt - Gornergrat
Every 10 - 20 minutes	08.06. - 20.10.2024
Zermatt - Sunnegga 18.05. - 13.10.2024	
Sunnegga - Blauherd 15.06. - 06.10.2024	
Blauherd - Rothorn 29.06. - 29.09.2024	
Hours of operation Furi - Schwarzsee	Hours of operation Furi - Riffelberg
Zermatt - Furi Non-stop	29.06. - 18.08.2024
Furi - Schwarzsee 15.06. - 29.09.2024	

More details about the timetable:  
[www.matterhornparadise.ch/timetable](http://www.matterhornparadise.ch/timetable)

## BIKE-TICKETS

Available on the Matterhorn App, at Zermatt Tourism, the ticket offices of the mountain railways and the train station Täsch.

**Zermatt Bike Pass**  
All information about bike tickets and cableways can be found at:  
[www.zermatt.ch/en/bike](http://www.zermatt.ch/en/bike)  
[www.matterhornparadise.ch/en](http://www.matterhornparadise.ch/en)

**Packages and offers**  
There is something for everyone here:  
[www.zermatt.ch/en/bike](http://www.zermatt.ch/en/bike)

## BIKE TRANSPORT TÄSCHALP-TAXI

Bike transport from Täsch to Zermatt or from Randa/Täsch to Täschalp is possible during the season. Details are available from +41 (0)27 966 81 10

## BIKE GUIDES & SCHOOLS

The bike guides know the best and suitable trails for everyone. The motto is: benefit from the knowledge of the locals and enjoy the trails.

**To the contacts:**  
[www.zermatt.ch/en/bike](http://www.zermatt.ch/en/bike)

## BIKE RENTALS & SHOPS

- Bayard Bike Store**  
Bahnhofplatz 2, Phone +41 (0)27 966 49 53  
[www.bayardsport.ch](http://www.bayardsport.ch)
- Bike Arena Zermatt**  
Hofmattstrasse 30, Phone +41 (0)27 510 25 11  
[www.bikearenazermatt.ch](http://www.bikearenazermatt.ch)
- Dorsaz Sport**  
Schuhmattstr. 121, Phone +41 (0)27 966 38 10  
[www.dorsaz-sport.ch](http://www.dorsaz-sport.ch)
- Matterhorn Sport Zermatt**  
Bahnhofstrasse 78, Phone +41 (0)27 967 29 56  
[www.matterhornsport.ch](http://www.matterhornsport.ch)
- Slalom Sport - Intersport**  
Kirchstrasse 17, Phone +41 (0)27 966 23 66  
[www.slalom-sport.ch](http://www.slalom-sport.ch)





# MOUNTAIN BIKE GUIDELINES

## 1 SHARING THE TRAILS

You are not alone

- Respect other trail users (trail tolerance)
- When riding, look ahead and plan for unforeseen events

Avoid heavily frequented trail sections at peak times

## 2 THE ENVIRONMENT

Take care of our surroundings

- Preserve what you enjoy yourself. Respect the forest and wildlife protected areas
- Do not leave any tracks behind
- Close pasture gates after going through

## 3 SAFETY

Be responsible

- Equip yourself well
- Plan your tour carefully
- Inform yourself about the weather conditions

Note the emergency number 144

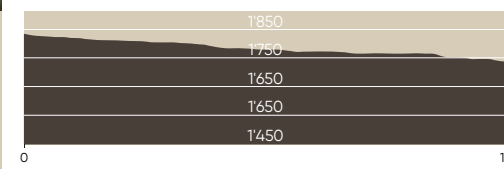
Further explanations and comments about the Guidelines for Mountain Bike Riders at

[www.zermatt.ch/en/bike](http://www.zermatt.ch/en/bike)

### F1 MOOS-TRAIL (FLOWTRAIL)

Schweigmatten (Restaurant Alm) – Moos

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



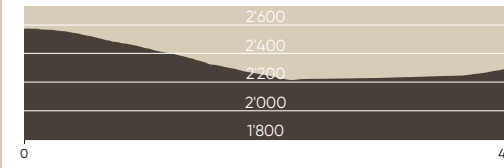
Distance: 1.3 km  
Ascent / Descent: 0 m / 100 m  
Highest point: 1'836 m  
Lowest point: 1'736 m



### 5 BLAUHERD – SUNNEGGA

Blauherd – Blumenweg – Tufterenalp – Sunnegga

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



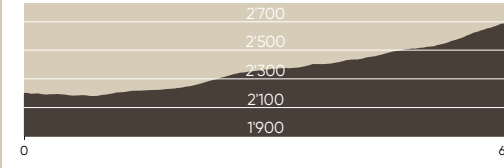
Distance: 4.6 km  
Ascent / Descent: 88 m / 363 m  
Highest point: 2'571 m  
Lowest point: 2'282 m



### 26 STAFEL – SCHÖNBIEL HUT

Stafel – Schönbielhütte

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



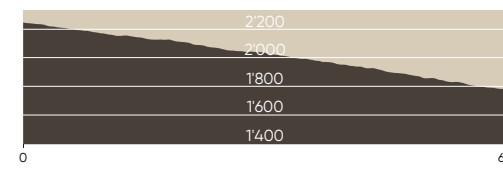
Distance: 6.3 km  
Ascent / Descent: 520 m / 21 m  
Highest point: 2'694 m  
Lowest point: 2'199 m



### F2 SUNNEGGA-TRAIL (FLOWTRAIL)

Sunnegga – Patrollarve – Haueten – Riedstrasse

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



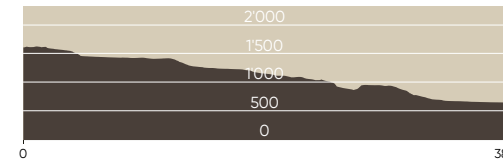
Distance: 6.3 km  
Ascent / Descent: 0 m / 493 m  
Highest point: 2'288 m  
Lowest point: 1'756 m



### 20 MATTERHORN VALLEY TRAIL

Zermatt – Täsch – Randa – Herbruggen – Mattsand – St. Niklaus – Kalpetran – Stalden – Neubrück – Visp Bahnhof

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



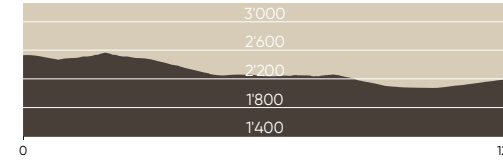
Distance: 38.2 km  
Ascent / Descent: 120 m / 1'075 m  
Highest point: 1'620 m  
Lowest point: 647 m



### 29 4-LAKES-TOUR

(Rothorn) – Blauherd – Stellisee – Fluhalp – Grindjisee – Grünsee – Gant – Moosjisee – Findeln – Sunnegga

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



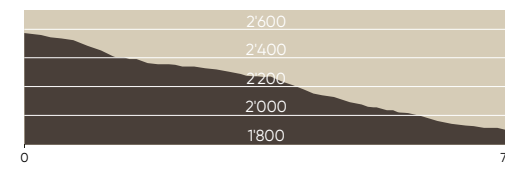
Distance: 12.1 km  
Ascent / Descent: 313 m / 641 m  
Highest point: 2'571 m  
Lowest point: 2'129 m



### F3 RIFFELBERG-TRAIL (FLOWTRAIL)

Riffelberg – Schweigmatten (Middle section still under construction)

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



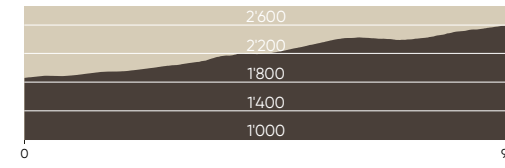
Distance: 7.2 km  
Ascent / Descent: 4 m / 739 m  
Highest point: 2'582 m  
Lowest point: 1'841 m



### 21 FURI – SCHWARZSEE UPHILL

Furi – Stafel – Schwarzsee

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



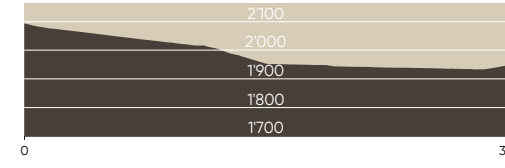
Distance: 9.1 km  
Ascent / Descent: 759 m / 39 m  
Highest point: 2'583 m  
Lowest point: 1'867 m



### 30 OBERER HÖHENWEG

(Sunnegga) – Findeln – Oberer Höhenweg – Patrollarve

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



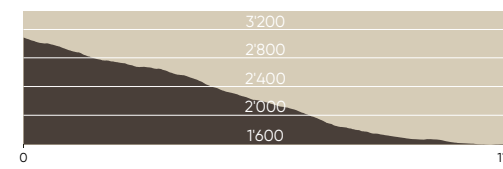
Distance: 3.5 km  
Ascent / Descent: 31 m / 132 m  
Highest point: 2'095 m  
Lowest point: 1'963 m



### 1 GORNERGRAT CLASSIC

Gornergrat – Riffelberg – Riffelbord – Riffel-alp – (Anschluss F3 Riffelberg-Trail)

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



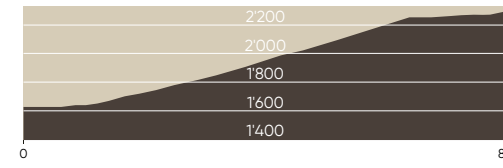
Distance: 11.7 km  
Ascent / Descent: 5 m / 1'490 m  
Highest point: 3'089 m  
Lowest point: 1'600 m



### 22 ZERMATT – SUNNEGGA UPHILL

Zermatt – Ried – Tufteren – Sunnegga

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



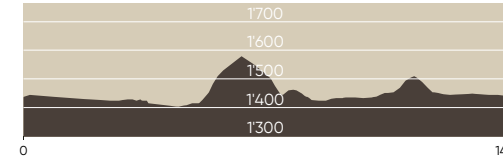
Distance: 8.6 km  
Ascent / Descent: 663 m / 6 m  
Highest point: 2'288 m  
Lowest point: 1'620 m



### 31 TÄSCH – RANDA – TÄSCH

Täsch (Bahnhof) – Schali – Randa – Mittelbrücke – Täsch (Bahnhof)

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



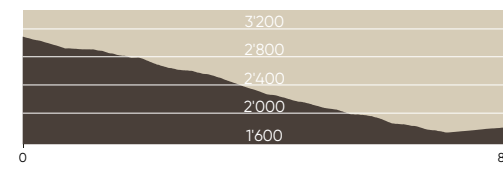
Distance: 14.4 km  
Ascent / Descent: 292 m / 292 m  
Highest point: 1'577 m  
Lowest point: 1'400 m



### 2 KELLE – LAUBEREN

Gornergrat – Kelle – Ze Seewjinen – Lauberen – Findelbach – (Moos-Trail) – Zermatt

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



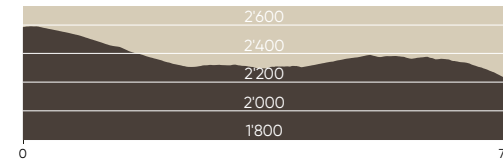
Distance: 8.9 km  
Ascent / Descent: 72 m / 1'326 m  
Highest point: 3'089 m  
Lowest point: 1'764 m



### 23 BLAUHERD – RIFFELALP

Blauherd – Grünsee – Riffelboden – Riffelalp

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



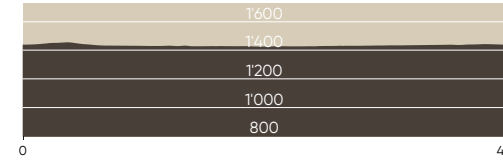
Distance: 7.5 km  
Ascent / Descent: 103 m / 457 m  
Highest point: 2'584 m  
Lowest point: 2'224 m



### 32 LAKE-TOUR TÄSCH

Täsch (Bahnhof) – Schälisee – Täsch Dorf – Täsch (Bahnhof)

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



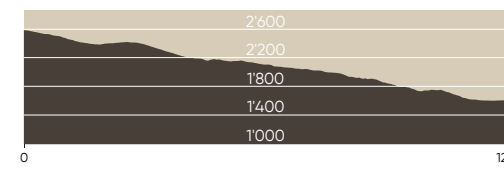
Distance: 4.4 km  
Ascent / Descent: 33 m / 33 m  
Highest point: 1'455 m  
Lowest point: 1'424 m



### 3 KALBERMATTEN – YO-YO

Schwarzsee – Stafel – Kalbermatten – Zmutt – Herbrugg – Bodmen – Zermatt

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



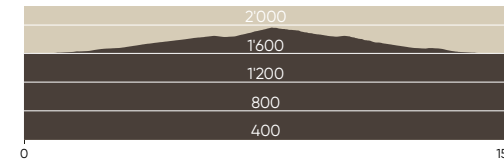
Distance: 12.8 km  
Ascent / Descent: 41 m / 1'022 m  
Highest point: 2'586 m  
Lowest point: 1'600 m



### 24 GLACIER GARDEN LOOP

Zermatt – Furi – Schweigmatten – Gletscher garten – Gletschertor – Hängebrücke – Furi – Zermatt

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



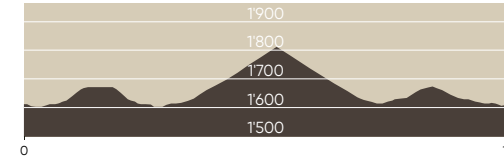
Distance: 15.8 km  
Ascent / Descent: 497 m / 467 m  
Highest point: 2'091 m  
Lowest point: 1'600 m



### 66 VILLAGE ROUTE ZERMATT

Dorfplatz – Petit Village – Restaurant Ried – Kapelle Winkelmatten – alter Dorfteil – Dorfplatz

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



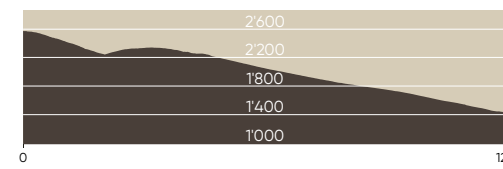
Distance: 11 km  
Ascent / Descent: 341 m / 341 m  
Highest point: 1'803 m  
Lowest point: 1'600 m



### 4 TUFTEREN – EUROPAWEG – TÄSCH

Tufteren – Europaweg – Täschalp – Blasboden – Täsch

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



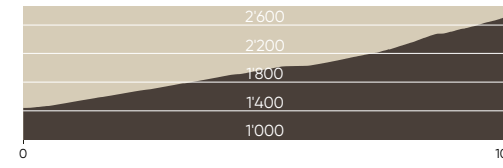
Distance: 12.7 km  
Ascent / Descent: 211 m / 989 m  
Highest point: 2'349 m  
Lowest point: 1'450 m



### 25 TÄSCH – TÄSCH HUT

Täsch – Täschalp (Ottavan) – Täschhütte Variant: Täschalp – Mellichsand – Täschalp

Condition ★★★★★☆  
Technique ★★★★★☆  
Landscape ★★★★★☆  
Experience ★★★★★☆



Distance: 10.2 km  
Ascent / Descent: 1'269 m / 4 m  
Highest point: 2'701 m  
Lowest point: 1'450 m



### P1 BIKE ZONE SCHALI TÄSCH

The Bike Zone is the perfect place for active family outings, training sessions or to end your bike tour and chill out in good company. Beginners or experts of all ages will find their personal challenge: the fastest lap on the pumptrack, the technical challenge on the skill park or stylish jumps on the jumpline.

- 1 Pumptrack
- 2 Skill park
- 3 Jumpline big
- 4 Jumpline small
- 5 Wallride
- 6 Chill area



## THE PERFECT BIKING DAY IN ZERMATT

The Zermatt – Matterhorn destination with its variety of trails and tours offers the best starting point for unforgettable biking experiences. Check our tips for the perfect biking day!

To the perfect bike day:  
[www.zermatt.ch/en/your-perfect-bike-day](http://www.zermatt.ch/en/your-perfect-bike-day)



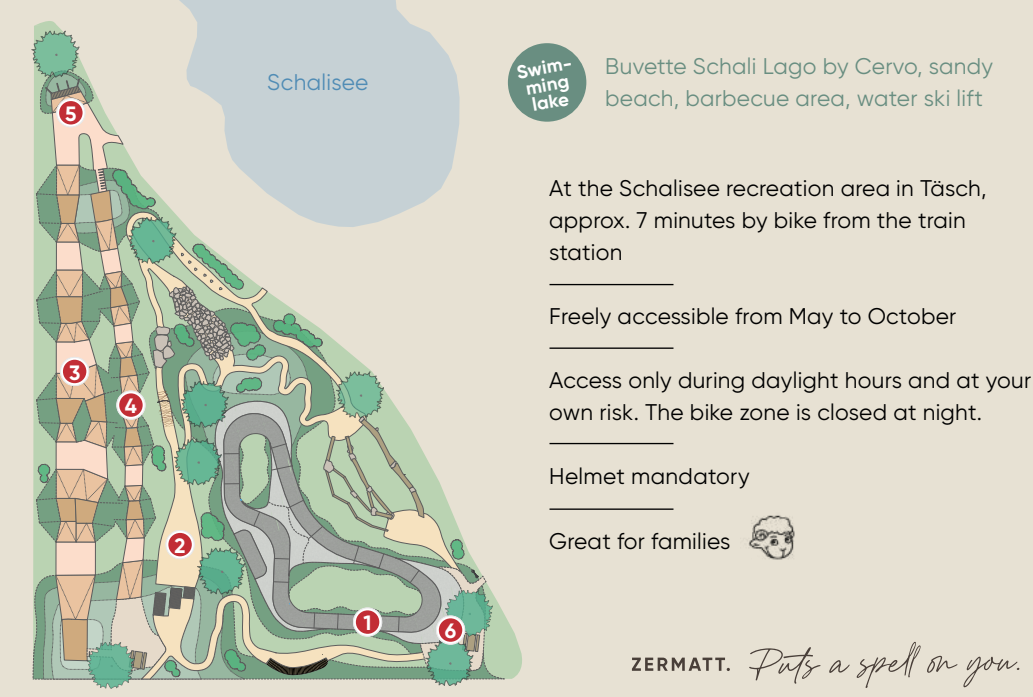
## MATTERHORN APP

zermatt.swiss



Download now!

- Tickets & events
- Weather & webcams
- Table reservation
- E-bus timetable



Schälisee  
Swimming lake  
Buvette Schali Lago by Cervo, sandy beach, barbecue area, water ski lift

At the Schälisee recreation area in Täsch, approx. 7 minutes by bike from the train station

Freely accessible from May to October

Access only during daylight hours and at your own risk. The bike zone is closed at night.

Helmet mandatory

Great for families

ZERMATT. Pats a spell on you.