



Reinhardswald

Naturpark

Sababurg Primeval Forest

In the realm of giant trees

Hesse's oldest reserve
Impressive giant trees
Fantastic photographic scenes
Beautiful circular walks



nature trail circular walk distance

Sababurg Primeval Forest

The Sababurg Primeval Forest in the Reinhardswald Nature Park has been under conservation since 1907 and is thus Hesse's oldest nature reserve. The forest, once a man-made pastoral forest (wood pasture), has mostly been left to its own devices for over 100 years within an area of 92 ha.

Giant trees, bracken & co.

The Sababurg Primeval Forest is home to an extraordinary world of animals and plants. In addition to the impressive pastoral oaks up to 600 years old, beeches, hornbeams, birches and bracken up to two metres high also grow here, among others. Toppled or dead trees remain as deadwood in the unmanaged forest.



Deadwood – the primeval forest's capital

The large amount of deadwood embodies the truly ecological capital of the primeval forest and provides a home for fungi, lichen and over 2,000 insect species. About 450 beetle species have been identified in the primeval forest, of which almost one-fifth are endangered throughout Germany. The thick stems offer typical primeval forest relict species, such as the hermit, the best conditions.

Myths, legends & stories

With its strange formations of trees, roots and deadwood, the Sababurg Primeal Forest is the backdrop for many regional stories, myths and legends. Giants and princesses are said to have lived here and can still be seen sometimes. Even the castle in which Sleeping Beauty slept is just a short walk away.

Hiking:

Active in the primeval forest

Three marked circular walks between 1.2- and 4-kilometres long meander on narrow tracks through the primeval forest. Wooden jetties cross delicate places and lead you to the most spectacular giant trees. Sturdy shoes are recommended at any time of the year.



Tours: Experience – Marvel – Learn

Guided tours of the primeval forest take place throughout the whole year. Individual tours for groups upon request.

Dates and information at www.reinhardswald.de or by phone under +49 (0) 56 71 / 99 92 22.

Current events always also on Facebook:
www.facebook.com/Reinhardswald

TIP: Nearby – good to combine

We highly recommend a visit to the neighbouring Sababurg Zoo in combination with a hike through the Sababurg Primeval Forest. At the foot of Sleeping Beauty's Sababurg castle, you will find over 80 different animal species, which live here in the wild park, the petting zoo, the birds of prey station and in the ark park with the attached farm. Get more information at: www.tierpark-sababurg.de



Conduct in the woods – for nature's sake

Please pay attention to the following rules in order to protect and preserve the Sababurg Primeval Forest nature reserve:

- Conduct yourselves considerately and carefully to nature and animals.
- Keep on the marked paths.
- Do not pick or damage any plants and fungi.
- Do not climb trees.
- Take your rubbish away with you.
- Walk your dog on a lead.
- Refrain from smoking.

Note: You enter the Sababurg Primeval Forest nature reserve at your own risk!

Reinhardswald Nature Park

The Sababurg Primeval Forest is located in the middle of the Reinhardswald Nature Park. The nature park was founded in 2017 and comprises the Reinhardswald, the Diemel Valley and the Hessian Bramwald.



Getting here

“Drecktor” Primeval Forest car park, Sababurger Strasse
Coordinates: 51° 32' 41" N / 9° 30' 21" E
Bus route 190
Hofgeismar – Reinhardshagen – Hann. Münden
Bus route 192
Hofgeismar – Gieselwerder – Lippoldsberg
www.nvv.de


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Collaborations and partners

 Hessisches Ministerium für Umwelt, Klimaschutz, Landwirtschaft und Verbraucherschutz
umwelt.hessen.de

 Regierungspräsidium Kassel
Obere Naturschutzbehörde
rp-kassel.hessen.de/umwelt-natur

 HessenForst
Forstamt Reinhardshagen
www.hessen-forst.de

 Landkreis Kassel
www.landkreis-kassel.de

GrimmHeimat Nordhessen
www.nordhessen.de

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