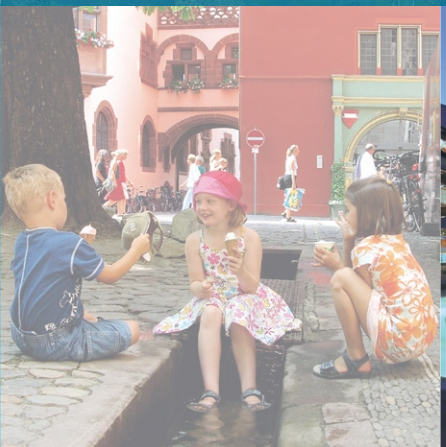
www.healthregion-freiburg.de/en

HealthRegion Freiburg



7 Reasons
to choose the HealthRegion

1. The HealthRegion is home to medical and health experts who collaborate at the highest level.
2. The HealthRegion brings together wellness and high-performance medicine, because our focus is on your wellbeing.
3. You are our top priority. Sit back and relax: we'll take care of your health.
4. You'll benefit from innovative treatment methods that have been developed using the latest research findings.
5. The sunny Mediterranean climate and diverse leisure options make for a high quality of life in and around Freiburg.
6. Relax and take in the view or enjoy an activity holiday in the picturesque landscape of the Black Forest.
7. The HealthRegion brings together health and sustainability in the Green City of Freiburg.

Freiburg and the surrounding region have a distinctly international feel thanks to their proximity to France and Switzerland. This, along with the unique landscape of the Black Forest, the sunny climate and the wide range of leisure and cultural activities, makes HealthRegion Freiburg the ideal destination for your wellbeing.

Hot springs, spas, medical wellness, fitness options: the multi-faceted offerings range from personalised wellness treatments or therapies to activity holidays.

HealthRegion Freiburg stands for a unique combination of holistic medicine and pampering treatments. Leading clinics and institutions in the Freiburg region offer a perfectly tailored range of options to maintain your personal wellbeing and health.

HealthRegion
at a glance

1,740

380 km
of footpaths and hiking trails

The power of healing water
in thermal, mineral and salt baths

Quality of life: the city of Freiburg is
the perfect destination for wellbeing

hours of sunshine per year
At 1,493 metres, the Feldberg is the highest peak in the Black Forest – Germany's largest continuous low mountain range
Health and tourism are the strongest industries in the region
Baden is one of Germany's most important wine-growing regions

Wellness & health

HealthRegion Freiburg is unique in its combination of health and wellness. We provide check-ups to give an overview of your current health, identify any risk factors and offer personalised advice on preventative healthcare. Our experts will help you learn all about healthy eating and stress management. In the evening, you can relax in the sauna area or with a whole body massage. We can advise you on how to achieve an optimal work-life balance.

Medicine

There are many good reasons for choosing HealthRegion Freiburg and its renowned experts for your treatment – we offer the latest technology and methods, top-quality treatment and excellence in research and development. You'll benefit from the direct links between the various partners in the region.

Our medical specialties

▮ Cardiovascular diseases ▮ Oncology ▮ Musculoskeletal system ▮ Dentistry ▮ Aesthetic plastic surgery ▮ Mental health ▮ Medical wellness ▮ Occupational health management

Contact

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