



**Düsseldorf –  
only the best  
for your health**



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We offer exclusive rates and tailor-made services for the incoming business to Germany and to the main European cities.

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- ▶ We have excellent reviews from the End-clients, individual travelers, families, businessmen and groups.
- ▶ We have attractive options for families with children coming to Phantasialand, Europa Park and Disneyland Paris.

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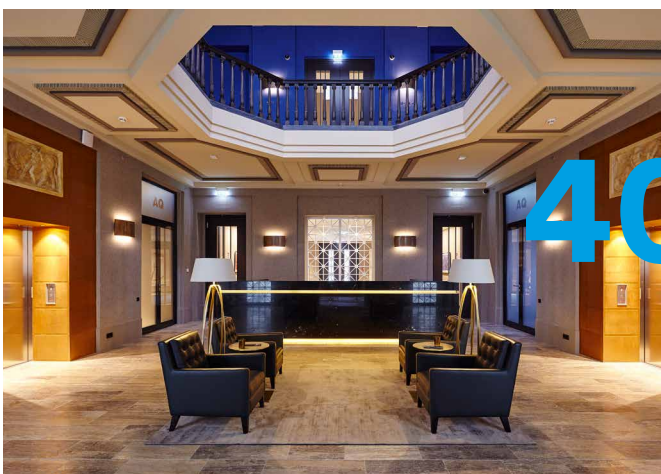
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Düsseldorf – only the best for your health

# Welcome to Düsseldorf







**Dear Ladies and Gentlemen,**

Düsseldorf is characterised by a cosmopolitan and hospitable atmosphere. This is thanks to the sociable and communicative people who come together from a total of 194 countries and whose cultural diversity and zest for life create an international flair in the metropolis on the Rhine.

The city offers exclusive shopping experiences, for example on the famous promenade Königsallee, delicious culinary delights from all over the world, first-class hotels in all price categories and a diverse cultural landscape with outstanding museums, such as the Kunstpalast or the Kunstsammlung Nordrhein-Westfalen, all of which will make your stay a very special experience. Thanks to its central location in the heart of Europe and its major international airport, Düsseldorf is also quick and easy to reach.

But Düsseldorf is not only attractive for city travellers. Patients from abroad who come for the sake of their health also appreciate the wide range of medical facilities. Numerous hospitals, specialist clinics and doctors in private practice not only enjoy a good reputation, but are also geared towards international guests. Renowned doctors and highly qualified specialists look after the well-being of their patients.

In Düsseldorf, the need for medical treatment can always be combined with a pleasant experience. On the following pages, you will find useful information and practical tips about our city and the medical services on offer.

Welcome to our city and enjoy your stay!

Yours,

A handwritten signature in black ink, which appears to read 'Stephan Keller'. The signature is fluid and cursive.

**Dr. Stephan Keller**

Lord Mayor of the State Capital Düsseldorf



# Düsseldorf is laid-back and cosmopolitan





Düsseldorf is a cosmopolitan, international metropolis. It is evident in the many ways the city on the Rhine cultivates a tolerant and hospitable way of life. Locals and visitors alike come together on the steps at the Burgplatz for example. It is a gorgeous spot on the river banks, perfect for enjoying the sunset and the impressive Rhine panorama.



# Perfect connectivity

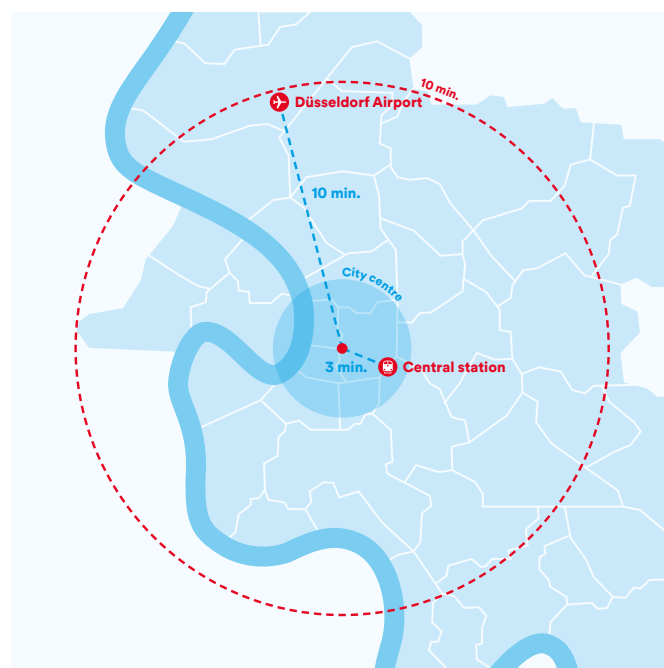


Düsseldorf is a “ten-minute” city. It takes only ten minutes to walk from the renowned shopping locations on Königsallee to the Rhine embankment. The train journey from the main railway station to Düsseldorf Airport is also only a matter of minutes. From there, one can reach almost every point in Europe in two hours. That makes Düsseldorf the ideal starting point for exploring Europe.





The short distances are an obvious advantage: from Dubai to Düsseldorf in six hours, for example; Moscow-Düsseldorf in three hours. At the same time, Düsseldorf's guests value its superb location in western Europe. This makes it the ideal base for exploring. It's just a one-hour flight to leading cities such as London, Amsterdam or Paris. By car, it's only a three-hour drive from Düsseldorf to Amsterdam, Brussels and Luxembourg.



Düsseldorf itself is a real "10-minute" city: the trip between most health facilities and the city centre takes only ten minutes. The city's excellent infrastructure ensures that it is only ten minutes from airport to city centre as well. Thanks to its great transport links and their high frequency, Düsseldorf has a great appeal for business and leisure travellers alike.



# Metropolis on the Rhine



**A famous Frenchman visited Düsseldorf over 200 years ago. On seeing the beautiful city, Napoleon gasped: “C’est petit Paris.” Today, Little Paris has become a dynamic yet manageably sized metropolis with international flair.**

Today, the state capital Düsseldorf is home to over 600,000 very contented inhabitants – because the Rhine metropolis regularly ranks among the leading cities in international quality-of-life surveys. The combination of diverse cultural options, the region’s excellent leisure amenities, fantastic international cuisine, many leading companies and its central location in the heart of Europe make Düsseldorf the perfect place to live. That goes not only for locals but, of course, also for our many visitors.

The city on the Rhine features short distances, a gigantic range of different shops, first-class hotels, award-winning restaurants, a hospitable atmosphere and all the charms a big city has to offer with none of the frantic bustle. If one nonetheless needs a little break, a stroll along the Rhine embankment promenade is the ideal way to relax. It offers a panoramic view of the mighty, meandering river with its three great bridges. Back in the Altstadt (Old Town), one can dive back into the lively cheer of Rhenish joie de vivre. Every conceivable delicacy is on sale at the market on Carlsplatz.

Just a stone’s throw away from here is the world-famous shopping street, Königsallee. It is home to international luxury labels and exclusive boutiques as well as art galleries, illustrious hotels and cafés.

Art and culture play a special role in Düsseldorf. The Kunstakademie was founded in 1773. Artists such as Joseph Beuys, Gerhard Richter and Andreas Gursky studied and taught here. Meanwhile, the Kunstsammlung NRW art collection offers world-class exhibitions and the Museum Kunstpalast shows paintings by artists ranging from Rubens to Kandinsky. The Deutsche Oper am Rhein guarantees an outstanding opera experience, while the Tonhalle is home to the Düsseldorf Symphony Orchestra. Those who prefer it a little quieter can visit Schloss Benrath (Benrath Palace), a rococo gem with an imposing park. The MedienHafen features exciting modern architecture, most notably the striking buildings designed by Frank O. Gehry, who was also responsible for the Guggenheim Museum in Bilbao.





The Rhine embankment promenade is a wonderful place to unwind and relax.



Both locals and tourists are drawn to the Rhine for a sundowner.



Düsseldorf – only the best for your health

# The heart of the city





## The Altstadt (Old Town) has always been Düsseldorf's heart. In the narrow lanes of the city centre, there is a vibrant sense of life and happiness. This tiny part of the city is jam-packed with bars, fashion boutiques, art museums and Düsseldorf's famous "Altbier" breweries.

The Altstadt (Old Town) is also traditionally known as the "longest bar in the world" – not, as many outsiders think, to be found in one single pub. In fact, this term describes an entire microcosm that takes in over 260 hosteries, bars and restaurants in Düsseldorf's Altstadt (Old Town). It has already been a melting pot of all social classes for centuries.

People most enjoy coming together at Düsseldorf's traditional brewery inns for a tasty Altbier. This dark, top-fermented beer is still brewed in the rear courtyards of the Altstadt (Old Town), exactly as it was 100 years ago. So it's a craft beer that existed long before the supposed reinvention of artisanal brewing. It is made with the best ingredients, in small batches and with a great deal of love. Incidentally, brewery inn guests are not served by a waiter but by a Köbes. Initially, a Köbes can seem a little brusque, but it's all just part of the fun. And another little tip: the Köbes will continue bringing fresh beer until you cover your glass with your beer mat. Those who start feeling a little hungry in the Altstadt (Old

Town) really don't need to worry because the narrow streets contain many cosy restaurants, while on Carlsplatz, there are lots of food stalls offering culinary specialities. There is something for every taste here, from a Rhenish soup kitchen to handmade pasta and unusual steak specialities to magnificent patisserie. Apart from that, the market sells traditional products such as brushes and baskets as well as gorgeous flowers, and also has wonderful fruit and veg stalls.

Those who prefer a shopping experience with a modern and trendy vibe will love Flinger Straße and Mittelstraße, which are lined with international fashion brands. There is something for everybody here, be it leather shoes, bags, trainers, hip streetwear or cosmetics. The quiet part of the otherwise bustling Altstadt (Old Town) is at the northern end. On peaceful Stiftsplatz in front of St. Lambertus Church, there it feels like going back in time to the days when Düsseldorf still was truly a village.



Burgplatz offers a beautiful view of the Schlossturm (Castle tower) and St. Lambertus.



The bronze sculpture "Die Auseinandersetzung" (The Dispute) is a popular Insta-point.

Cosy cafés and restaurants line the narrow streets.







Düsseldorf is Germany's fashion capital, which is why the city centre can also quickly transform into a catwalk.



Thanks to the lush rows of trees, the Kö (Königsallee) is a lovely, green place for a stroll.

**There are few shopping streets in Germany whose names are as resonant and legendary as Königsallee. Framed by overhanging plane trees, the grand Kö boulevard is lined with luxury boutiques, shopping malls and elegant hotels.**

At one time, the Kö was known as Kastanienallee because it was lined with magnificent chestnut trees. However, in 1848 the King of Prussia, Frederick William IV, announced a visit to Düsseldorf – then a quite sleepy town. Enraged by what they saw as unjust Prussian edicts, the populace gave the king an anarchic welcome – pelting him with horse dung. One such missile is even said to have actually hit his coat. To restore the city to the king's good graces, Kastanienallee was swiftly renamed "Königsallee" (King's Avenue).

Today, the Kö is one of Europe's leading luxury shopping streets and, measuring 87 metres across, it is also Germany's widest street. There are many French and Italian fashion and couture houses here, particularly at the upper end of the Kö. Fashionistas will find every luxury brand that their hearts could possibly desire. One can also soak up the Kö's distinctive charm at one of the many outdoor cafés. Simply take a seat, order a latte or a sundae, and watch people strolling past. Then it's almost like a fashion show. At the northern

end, you will come to magnificent Corneliusplatz, the opera house and Hofgarten – Germany's oldest public park. These delights are followed by the Kö-Bogen, an architectural highlight. The building, designed by star architect Daniel Libeskind, is another shopping temple with many international brands and sublime gastronomy. At the same time, this ensemble forms the end of the splendid boulevard.

Königsallee is not only a street for taking a stroll, however – during the summer months it is constantly changing. It is namely here in the shadow of the overhanging plane trees that the "Bücherbummel" (Book Fair), the Gourmet Festival and sporting events such as the "Rund um die Kö" bicycle race or the marathon take place. Königsallee also has much to offer in cultural terms, as it is home to high-calibre galleries, which exhibit art by world-famous artists. The whole world of art is on display here, from the works of the old masters to modern classics and from abstract expressionism to contemporary art.



LOUIS VUITTON

Fashion heaven Königsallee

# Fashion heaven Königsallee





# Modern MedienHafen



**The rehabilitation of the old port is one of Düsseldorf's most spectacular projects. Over the last 30 years star architects such as Renzo Piano, Helmut Jahn, David Chipperfield and Frank Gehry have left an indelible mark on the city's skyline with their distinctive and modern building.**

What makes the MedienHafen special is its architectural diversity, which establishes a creative connection with the river and the shipping industry. The buildings have distinctive names such as Wolkenbügel (Cloud Hanger), Sign! or The Living Bridge.

One of the most beautiful viewing points in Düsseldorf is Pebble's Terrace, behind which one can see the luxury Hyatt Hotel. You can take a seat here beside the UFO-like pavilion – clad with aluminium shingles – and drink a sun-downer. A true premium spot where you can enjoy an unobstructed view of the city and the river. The Gehry buildings are extremely popular with Instagrammers, photographers and photography courses. In fact, there is always someone taking a picture here. The three swaying towers in white, silver and red are the most eye-catching feature of the MedienHafen. Tilted walls, warped towers, windows canted within the walls – every detail is worth a photo. The Californian architect Frank O. Gehry, who previously designed the spectacular Guggenheim Museum in Bilbao, bestowed a

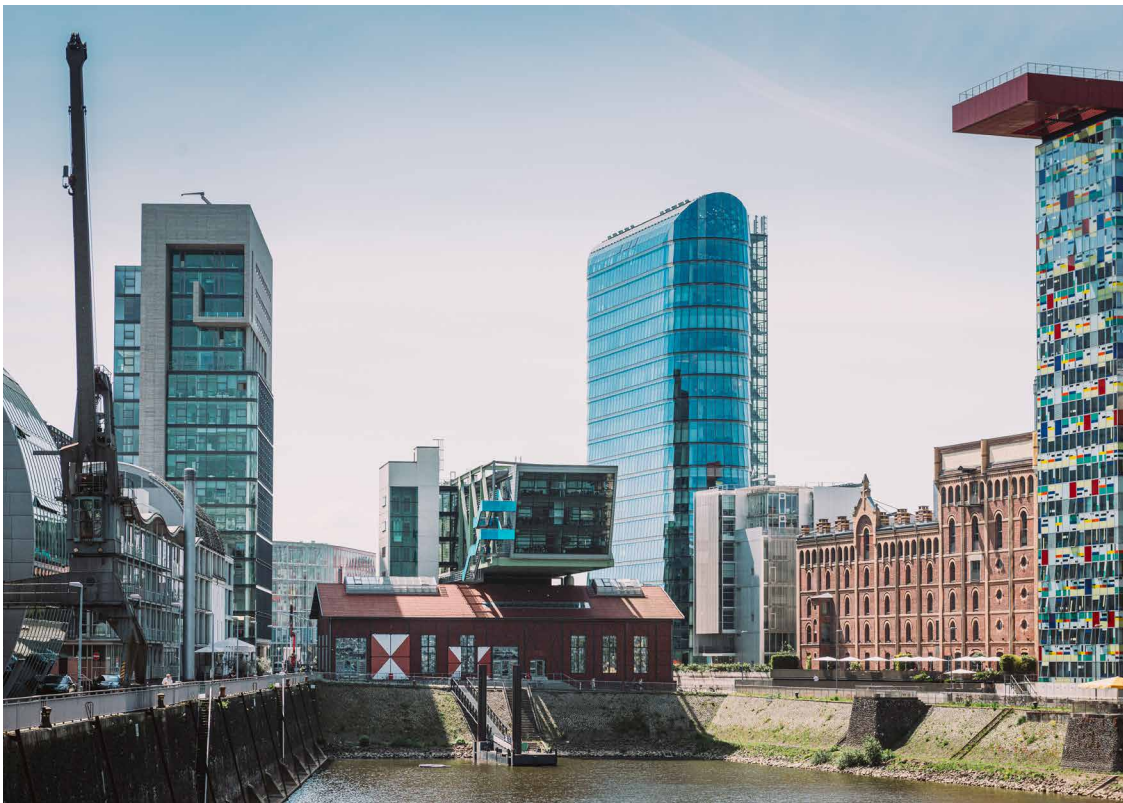
magnificent gift on Düsseldorf. The ensemble – mainly home to advertisers, lawyers and architects – is known as the Neuer Zollhof. Düsseldorf's marina is located to the front in the harbour basin. As everywhere else in Düsseldorf, art is not far away either. In a former warehouse at Kai 10, the Arthena Foundation offers an ambitious exhibition programme featuring young, international art.

The best view of Düsseldorf and the surrounding region is from the Rheinturm (Rhine tower). The city's highest building at 240.5 metres stands at the entrance to the MedienHafen. Apart from its viewing platform, it also houses a restaurant. The view can be enjoyed from every angle because a mechanism allows the restaurant to rotate 360 degrees every 72 minutes. There are also many restaurants and bars below at the harbour basin ranging from vegetarian to French bistro cuisine to burger joints. One particular highlight is the Restaurant Lido Hafen, housed in a glass cube in the middle of the harbour basin.





The Neue Zollhof designed by star architect Frank O. Gehry is a much-photographed subject.



The MedienHafen is defined by modern architecture and old warehouses.



The magnificent Kuppelsaal (Cupola Hall) features huge chandeliers and an elaborate marble floor.



These putti are pure rococo.

# Rococo in Benrath





**Schloss Benrath (Benrath Palace) is a real gem. This enchanting rococo pleasure palace is an ensemble of palace, lakes and a beautiful park. Visitors are strongly recommended to take a stroll through the park, soaking up the rococo splendour.**

Electeur Karl Theodor had the hunting and garden palace built in Benrath between 1755 and 1773. The aim of creating an overall composition of architecture, landscaping, garden art and sculpture is typical of the rococo period just before the transition to neoclassicism. The palace a distinctive example of its kind as very few baroque and rococo palaces were built in this region. The architect was Nicolas de Pigage, the “intendant of the gardens and waterworks” at the Mannheim royal court. The palace’s magnificent exterior is best seen from the city side.

The central building – the corps de logis – housed the living quarters of the elector and his wife. From the outside, the single-storey structure seems almost modest. Behind the façade, however, one will discover a sophisticated, cleverly structured system of 80 rooms, two atriums and seven staircases, spread over four floors. This produces a surprising

effect as was particularly popular in architecture, landscaping and garden art of the time. The idea was that visitors would only notice the spaciousness and grandeur when they entered. Guided tours of the corps de logis are available. Guests are only permitted to enter wearing felt slippers in order to protect the extremely valuable flooring, which is also fun to slide on.

The world’s first Museum of Garden Art has been housed in the east wing since 2002. In summer, the inner courtyard, with its collection of ancient citrus trees, is a lovely place to relax for a while. The great palace garden is worth a visit at any time of the year. After a long, enjoyable stroll, the Schloss-Café offers fortification. Benrath’s cosy town centre is also home to pleasant restaurants and cafés, as well as Bistro Kombu, which is probably the city’s best Japanese snack bar.





# Culinary Craftsmanship

**Foodies and culinary aficionados feel completely at home in Düsseldorf as it offers a huge range of traditional and handmade delicacies – including Japanese specialities, real artisanal bakery and a confectionery to die for.**

Düsseldorf's culinary scene features a high density of award-winning restaurants, a large selection of international cuisine and cool cafés. The impressive dining spectrum, including nine gourmet establishments with Michelin stars, is by far not all the city has to offer. The Düsseldorf chocolatier, Heinemann, is one of Europe's leading companies of the confectioner's craft. Heinemann's champagne truffles are world famous. Heinemann creates sweet dreams from

chocolate, nuts and champagne by hand and using the best ingredients – and the creations produced by senior partner and master confectioner Heinz-Richard Heinemann are to die for. It's even worth just to visit one of the three branches for their gorgeous and lavishly designed window displays.

The Hinkel family bakery enjoys a similar status. Master baker Josef Hinkel has won just about every award going with his traditional baking and even has held the title of "Baker of the Year." He still sells traditional bread made without yeast or other additives, but created by hand with great love, slow fermentation and using old recipes.

One very special culinary highlight is a visit to "Little Tokyo". There are around 7,000 Japanese nationals living in Düsseldorf. This means you'll find just about every Japanese delicacy from simple snack to award-winning restaurant dining. A particular treat here is the Restaurant Soba An. Fresh buckwheat noodles are made here every day – a tradition that is under threat even in Japan.



You'll find the finest sushi and sashimi in Düsseldorf, prepared by Japanese masters of their craft.



**The brewery pubs in Düsseldorf are a haven of Rhenish joie de vivre. Strangers quickly become friends over an Altbier and a few savoury snacks called Bierhappen.**

Dark, top-fermented Altbier is a Düsseldorf speciality beer. It is brewed in small breweries with adjoining pubs, hidden away in Düsseldorf's Altstadt (Old Town). So it is served absolutely fresh in small beer glasses. You won't find a more local and traditionally brewed beer than that! Guests sit together cosily on long wooden benches in the old hostelries. That makes it easy to start talking to the person beside you while enjoying a tasty "Alt". Traditional dishes such as Rhenish Sauerbraten or blood sausage with mashed potato are served. If you just fancy something light, try the Bierhappen, savoury snacks that go perfectly with a tasty Altbier. Incidentally, Altbier doesn't have its name because it's "alt" (old) but because it is brewed in the old traditional way.



The waiters in Düsseldorf's breweries are known as Köbes.







More than 450 concerts with audiences of over 300,000 people every year make the Tonhalle a fantastic culture forum and a space where people come together.

Nam June Paik's video work "Fish Flies on Sky" is best viewed while lying on your back.



## Düsseldorf is not only the state capital but also the cultural capital, because it is home to world-class museums, exhibitions, opera and theatre. Then there's the city's long artistic tradition.

Art and culture are visible everywhere in the Düsseldorf cityscape – they are an essential part of the city's DNA. Düsseldorf's roots as an art metropolis date back to 1690 and Elector Johann Wilhelm, affectionately known as Jan Wellem. This enlightened ruler and his wife, Anna Maria Luisa de' Medici, made the then sleepy town on the Rhine into a centre of art and culture. Today, with its many museums, galleries and art in public spaces, Düsseldorf still occupies a special position because nowhere else is an involvement with art so deeply rooted as here.

The Kunstsammlung NRW shows 20th and 21st century art, the Kunsthalle's ultra-modern exhibitions have their finger on the pulse, the NRW-Forum specialises in contemporary photography, while the Kunstpalast is worth a visit simply to see the temporary exhibitions and a Rubens collection that was created by Jan Wellem. The paintings, graphic art, sculptures and glass objects in the museum's collection range from the ancient world to the 21st century. Visitors have a

chance to assess the future development of contemporary art at the annual tour of the renowned Kunstakademie. This is where tomorrow's stars of the art scene are on show.

The "in orbit" installation by Tomás Saraceno at the K21 Ständehaus is very interesting, particularly for youngsters. Some 2,500 square metres of transparent steel nets extend high above the piazza. It is not only the visual but also the performing arts that are represented in Düsseldorf. At the beautiful Tonhalle there are regular concerts by composers ranging from Bach to Beethoven, and Brahms to Bruckner. The Deutsche Oper am Rhein is famed both for its operas and its highly acclaimed ballet company. At the Tanzhaus NRW too, one can see dance of the highest standard. In addition, the Schauspielhaus is considered to be one of the leading German-language theatres. And with the new Wehrhahn line, Düsseldorf has even turned underground stations into works of art.



# Art and culture



Courtesy of the artist  
and Esther Schipper, Berlin  
Photo © Studio Tomás Saraceno



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# Family fun



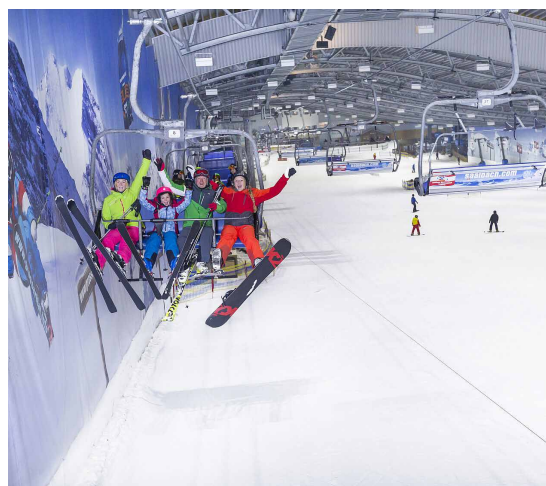
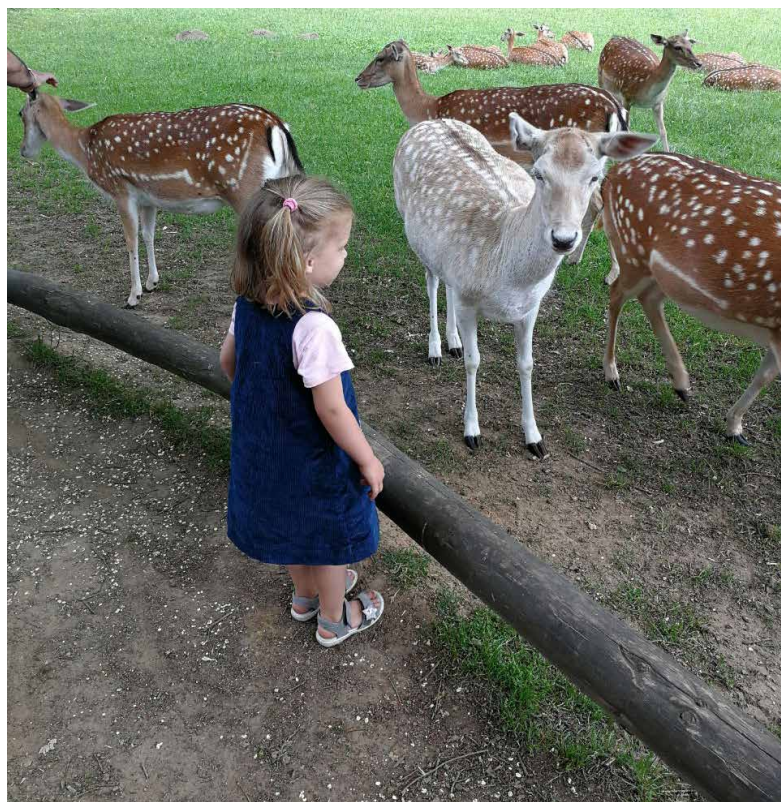


**Fancy doing something with the kids? That's no problem in Düsseldorf either. There is a huge choice of child-friendly excursions and a few of the destinations are pretty unique as well. A number of leisure parks are also within easy reach.**

You'll find the Wildpark Grafenberg game reserve in the forest above the city. Nestling in 40 hectares of grounds in the middle of a 200-year-old beech forest, more than one hundred animals live in spacious enclosures. They include species such as red deer, foxes, wild cats and mouflon sheep. Some of them roam the reserve freely, so children can feed the deer and maybe even get to stroke them. And by the way, a visit to this picturesque game reserve is free of charge.

Visitors can admire marine flora and fauna at Aquazoo Löbbecke Museum. More than 500 animal species are on show in aquariums, terrariums and a tropical hall in an area of 6,800 square metres. The biggest funfair on the Rhine takes place every year in July. The many rides are sure to bring a smile to children's faces. The nearby Phantasialand, Movie Park, the 150,000 square metre Alpenpark Neuss, which contains not only ski slopes but also other leisure activities like a high rope and adventure golf course and more. Further amusement parks are open all year round.

More than 500 animal species live in stunning aquariums like this at Aquazoo.



The 300-metre-long indoor ski slope guarantees year-round skiing, snowboarding and sledding fun.

At the Wildpark Grafenberg game reserve, children can get up close to tame deer. With a little luck, they may even be able to stroke them.



# Excellent medical treatment



Excellent doctors, health facilities of the highest standards: Düsseldorf possesses an outstanding medical infrastructure and internationally respected professors. The city and surrounding area has an unusually high density of first-class facilities: 15 hospitals and over 80 specialist clinics, more than 2,000 practising physicians and eleven private clinics for cosmetic surgery.



Düsseldorf – only the best for your health

# The health tourism-summit

Diabetologist Prof. Dr. Stephan Martin and Ole Friedrich, Managing Director of Düsseldorf Tourism Board, talk in-depth about all that Düsseldorf has to offer international patients.



**Ole Friedrich:** Düsseldorf is an important location for health tourism in Europe. There are 15 clinics in the city, almost all diseases can be treated here. In addition, there is a wide range of culture, shopping, restaurants and hotels. Modern architecture, the charm of the old town, many leafy parks and our magnificent Rhine panorama complete the fantastic overall experience.

**“Düsseldorf is an important location for health tourism in Europe. There are 15 clinics in the city, almost all diseases can be treated here.”**

Ole Friedrich

**Prof. Dr. Stephan Martin:** Thanks to the University Hospital, we have a training and research location in Düsseldorf that has an impact on the entire range of medical services offered in the city. After all, the best graduates settle here or continue working at the city's many clinics. The clinics are highly specialised; for example, there are renowned centres for cardiology, orthopaedics, heart surgery and diabetology.



**Ole Friedrich:** In addition to the excellent medical care, Düsseldorf also offers an equally outstanding range of top-class hotels. This is also a significant aspect for our international patients. In addition, there is an exciting restaurant scene, world-class shopping, a cultural offer with internationally renowned museums, opera and theatres. After all, many patients come to Düsseldorf with their families, who gladly make use of



these many leisure opportunities. The airport connection is another advantage. In no other comparable European city can you get from the airport to the city centre or the clinics in just 15 minutes.

**Prof. Dr. Stephan Martin:** We often hear from our patients that they really appreciate the short distances in Düsseldorf. That is a real advantage for Düsseldorf, just like the many shopping opportunities. I hear again and again from colleagues in Germany that their patients and their families also travel long distances to come to Düsseldorf for shopping. Patients really appreciate the many opportunities Düsseldorf offers them, as they often stay in the city for longer periods of time.

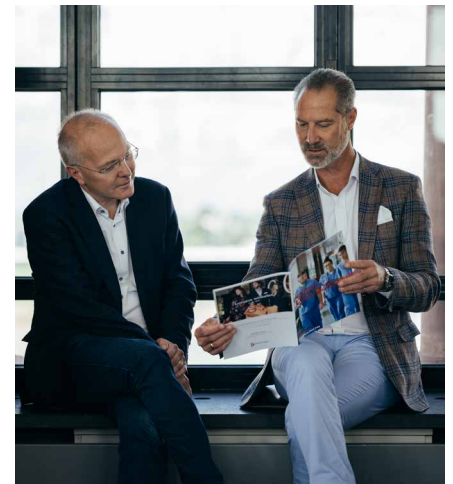
**“Patients really appreciate the many opportunities Düsseldorf offers them, as they often stay in the city for longer periods of time.”**

Prof. Dr. Stephan Martin

**Ole Friedrich:** So we can offer a very special combination of medical care, shopping, short distances and recreational opportunities that no other city in Europe can match. The city with its cosmopolitan people and the Rhenish way of life contributes to the feel-good atmosphere for visitors. The Mercer study regularly places Düsseldorf in the top 10 of the world's most liveable cities. In the current study, the city came in sixth place.

**Prof. Dr. Stephan Martin:** It is precisely this quality of life in Düsseldorf that our patients repeatedly point out to us. When I say that someone should stay longer in the city for treatment, the answer often comes back: “It doesn't matter, we feel very comfortable here. What we also hear again and again is that our patients very much appreciate the Rhine promenade with its view of the majestic river Rhine and relaxing walks through the Hofgarten. The ambience and the way of life that we cultivate in the city make it very easy for visitors to quickly feel at home.

**Ole Friedrich:** In addition, we are located in the middle of a conurbation. So of course there are also important medical services available beyond the city limits. Part of our concept is that patients feel comfortable here and receive the best possible medical care. Of course, this can also be in the region around Düsseldorf. After all, the healing process always comes first.



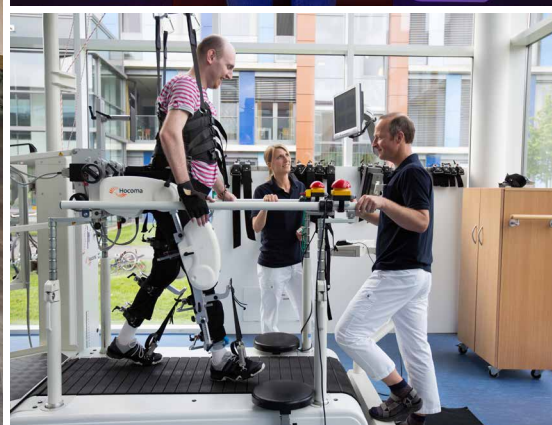
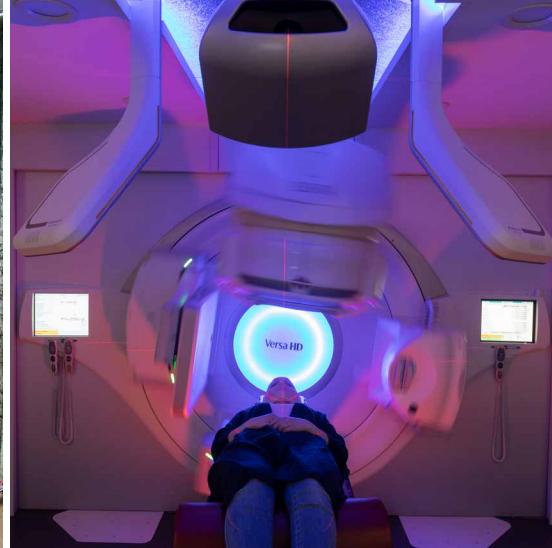
#### Ole Friedrich

has been Managing Director of Düsseldorf Tourism Board since 2017.

#### Prof. Dr. Stephan Martin

is head physician for diabetology in the Association of Catholic Hospitals in Düsseldorf (VKKD) and director of the West German Diabetes and Health Centre in Düsseldorf.





## Association of Catholic Hospitals Düsseldorf (VKKD)

We are one of the most high-performance providers of healthcare services in the entire Düsseldorf and Meerbusch region. Our interdisciplinary and networked team is on hand to help you, providing you with first-class treatment and care. Every year we care for 150,000 patients, including a large number of international patients. At our six sites, we offer specialist expertise in various medical disciplines:

- Marien Hospital Düsseldorf: Specialises in oncology, surgery and radiotherapy with the certified breast cancer centre and colorectal cancer centre.
- Augusta-Krankenhaus: Focuses on cardio-vascular medicine thoracic and thyroid surgery.
- St. Vinzenz-Krankenhaus: Specialises in orthopaedics, sports orthopaedics and spinal surgery.
- Krankenhaus Elbroich: One of the few geriatric medicine centres in Düsseldorf and comprehensive treatment of psychiatric illnesses.
- Westdeutsches Diabetes- und Gesundheitszentrum (WDGZ): Diverse services for health check-ups and preventive care to high medical and scientific standards.
- St. Mauritius Therapieklinik in Meerbusch: Neurological rehabilitation centre that integrates hospital and rehabilitation clinic.

In addition to providing medical care, we want to make your time with us as an international patient as pleasant as possible. Our employees will help you with organisation and are on hand to answer any questions. We look forward to welcoming you in Düsseldorf!

### Address

**Association of Catholic Hospitals  
 Düsseldorf (VKKD)**

Amalienstraße 9  
 40472 Düsseldorf  
 T +49 211 90 43-0  
 info@vkkd-kliniken.de  
 www.vkkd-kliniken.de

### Profile

No. of beds approx. 1,390  
 Patients per year approx. 150,000

International office	✓
Private wards	✓
Special dietary requirements	✓

### Special areas

Cardiovascular medicine in the Augusta Hospital	✓
Orthopaedics in the St. Vinzenz Hospital	✓
Oncology, surgery and radiotherapy in the Marien Hospital Düsseldorf	✓
Health check-ups and preventive medicine in the WDGZ	✓
Neuropsychology in the St. Mauritius Therapieklinik	✓

### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	
Internal medicine	✓
Metabolic medicine and endocrinology	✓
Neurology	✓
Neurosurgery	✓
Oncology	✓
Ophthalmology	✓
Orthopaedics	✓
Paediatrics	✓
Phlebology	✓
Plastic surgery	
Pneumology	✓
Psychiatry/psychosomatic medicine	✓
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	✓





## Cardiomed24

The private practice Cardiomed24 offers a comprehensive range of diagnostic examinations for the heart, lungs, vessels and circulation. The focus is on personal patient contact with thorough physical examination and intensive consultation (also second opinion consultation), combined with modern equipment and imaging diagnostics. We have expertise in the consultation, diagnosis and therapy of all cardiac, pulmonary and vascular diseases, including cardiac diseases after chemo-/immunotherapies, rare cardiac diseases, peripheral artery disease (PAD) and Long-/Post-COVID-Syndrome. Among other things, the practice has 2 cutting-edge ultrasound machines and independently performs 3-Tesla MRI examinations and whole-body MRIs based on its own expertise. Further diagnostic and special therapeutic measures are carried out by the practice owners themselves at the SANA Klinikum Remscheid. Prof. Sievers and Dr. Esser hold leading positions there. Prof. Sievers has international expertise in interventional cardiology, cardiovascular imaging and angiology due to his activities at the Royal Brompton Hospital, London, UK and Duke University, North Carolina, USA. He is also one of the protagonists of gender medicine.

### Advantages:

- Exclusive private practice in luxurious surroundings with separate entrance and parking. Patients are treated as outpatients and inpatients by Prof. Sievers and Dr. Esser personally without changing doctors and duplicate examinations.
- Immediate, uncomplicated appointment scheduling for all examinations including MRI examinations and procedures.

### Address

#### Cardiomed24

An den Linden 34  
40667 Düsseldorf

T +49 2132 68 59 680  
info@cardiomed24.de  
www.cardiomed24.de

### Profile

International office ✓

Private wards ✓

Special dietary requirements

### Special areas

Cardiology ✓

Gender medicine ✓

Pneumology ✓

Angiology/vascular medicine ✓

MRI imaging / whole-body  
MRI on request ✓

### Medical departments

Cardiology ✓

Dermatology

ENT (ear, nose and throat)

Gastroenterology

General dentistry

Gynaecology and  
reproductive medicine

Hand surgery

Internal medicine ✓

Metabolic medicine  
and endocrinology

Neurology

Neurosurgery

Oncology

Ophthalmology

Orthopaedics

Paediatrics

Phlebology

Plastic surgery

Pneumology ✓

Psychiatry/  
psychosomatic medicine

Radiology ✓

Rheumatology

Surgery

Transplant surgery

Urology

Vascular medicine ✓

Venereology



Düsseldorf – only the best for your health  
Advertorial



## Clinic Bel Etage & Medical Spa

### Clinic Bel Etage: The Upper Level of Medical Care!

In the heart of Düsseldorf, close to the famous Königsallee and not far from the modern Media Harbor, lies Clinic Bel Etage, one of the leading private clinics in Düsseldorf. Covering an area of approximately 4,000 square meters, it offers a unique co-working space for specialists in spinal surgery, orthopedics, neurosurgery, ENT, and plastic-aesthetic surgery.

The clinic boasts four state-of-the-art operation theaters where highly specialised procedures are performed, placing it among the leading centers worldwide. The focus is on motion-preserving techniques such as mobile intervertebral disc prostheses, minimally invasive hip prosthetics, and vascular compression syndromes. The clinic's reputation is further reinforced by its international clientele from around the world. Other key areas of expertise include pain therapy (CT-guided micro therapy, spinal cord, and brain stimulation) and the treatment of chronic diseases (including Long Covid, autoimmune diseases) in the new plasmapheresis department.

Despite its cutting-edge medical technology, the clinic prioritises the provision of a holistic and welcoming ambiance, complemented by an in-house health food restaurant and a new Medical Spa. The Medical Spa reflects the philosophy of Clinic Bel Etage and provides a blend of state-of-the-art technologies and traditional, natural treatment methods. The Clinic Bel Etage is often considered the go-to destination for expert second opinions because the doctors take time with their patients and collaborate across disciplines, always keeping the patient's well-being at the forefront!

#### Address

##### Clinic Bel Etage

Reichsstraße 59  
40217 Düsseldorf

T +49 211 781 795-0  
T +49 211 781 795-99  
post@clinicbeletage.de  
www.clinicbeletage.de

##### Medical Spa

T +49 211 781 795-30  
medicalspa@clinicbeletage.de  
www.cbe-medicalspa.de

#### Profile

No. of beds	40
Patients per year	20,000

International office	✓
Private wards	✓
Special dietary requirements	✓

#### Special areas

Artificial Disc Replacement	✓
Hip Surgery & AMIS Hip Prosthetics	✓
Inverse Shoulder Prosthesis	✓
Compression Syndrome	✓
Cartilage Cell Transplantation	✓
Minimally Invasive Pain Therapy	✓
Artificial Heart Research	✓
Plasmapheresis	✓
Medical Cosmetic	✓

#### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	✓
Gastroenterology	
General dentistry	
Gynaecology and reproductive medicine	
Hand surgery	
Internal medicine	
Metabolic medicine and endocrinology	
Neurology	
Neurosurgery	✓
Oncology	✓
Ophthalmology	
Orthopaedics	✓
Paediatrics	✓
Phlebology	
Plastic surgery	✓
Pneumology	
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	





## Clinic for Urology and Uro-Oncology Düsseldorf – PD Dr. Hoda

### Clinic Center for Urology and Uro-Oncology Düsseldorf Dr. Raschid Hoda, MD, PhD – Associate Professor of Urology

I welcome you to my clinics for urology and uro-oncology in Düsseldorf. Our state-of-the-art urological practices enables me to offer you an extraordinarily wide range of diagnostic and therapeutic procedures. In our private clinics for urology in Düsseldorf Königsallee and Gerresheim, we are able to offer the entire spectrum of urology in the areas of prevention, diagnostics, second opinions and therapy in a qualified manner. Our main emphasis is on urological check-ups for men and women for prevention and/or early detection of urological diseases and cancers. With a focus on andrology (disorders of fertility, hormone production disorders, erectile dysfunction, male contraception), we carry out the diagnosis and therapy of andrological diseases. Screening and early detection of diseases are very important. Problems and severe courses can often be prevented or at least alleviated if risk factors are detected in time. Screening by a urologist is not only important for men, but also for women. If existing health risks are recognised in good time, certain problems and severe courses can often be prevented or at least mitigated. In our clinics for urology in Düsseldorf, we carry out various individual examinations as part of prevention in order to be able to detect and treat cancer and other diseases at an early stage. As with all diseases, the same applies in urology: The earlier a health problem is recognised and treated, the greater the chances of recovery.

#### Address

**Private practice for urology, andrology and uro-oncology Düsseldorf – PD Dr. Hoda**

KÖ14-Urology  
Königsallee 14  
40212 Düsseldorf

Neunzigstraße 10  
40625 Düsseldorf

T +49 211 29 26 0187  
T +49 151 65 25 5504  
info@urologie-in-duesseldorf.de  
www.urologie-in-duesseldorf.de

#### Profile

International office

**Private wards** ✓

Special dietary requirements

#### Special areas

**Urological preventive examination** ✓

**Impotence, Erectile Dysfunction, Aging Male (Senescence)** ✓

**Prostate diseases, prostate cancer** ✓

**Urological oncology, testicular tumours, kidney tumours, bladder cancer** ✓

**Kidney stones, cystitis, cystoscopy, vasectomy** ✓

#### Medical departments

Cardiology

Dermatology

ENT (ear, nose and throat)

Gastroenterology

General dentistry

Gynaecology and reproductive medicine

Hand surgery

Internal medicine

Metabolic medicine and endocrinology

Neurology

Neurosurgery

Oncology

Ophthalmology

Orthopaedics

Paediatrics

Phlebology

Plastic surgery

Pneumology

Psychiatry/psychosomatic medicine

Radiology

Rheumatology

Surgery

Transplant surgery

**Urology** ✓

Vascular medicine

Venereology





## EPC – European Prevention Center

With 15 years of experience, the European Prevention Center (EPC) founded and lead by Prof. Dr. med. Uwe Nixdorff offers medical check-ups with consistent up-to-date standards. By networking and collaborating with national and international professional societies, we guarantee a comprehensive range of scientifically based diagnostics and therapies.

Clinical algorithms are significantly enhanced by early detection through imaging. In addition to high-resolution ultrasound, we provide full-body magnetic resonance imaging (WB-MRI) and multi-detector computed tomography (MDCT) in cooperation with our in-house radiology department.

Other collaboration partners (see the sideline), complete the holistic approach of the EPC.

Other professionals such as personal trainers, nutritionists and coaches, might become involved in the process. Within the holistic concept, this may also lead to an indication for preventive pharmacotherapy and evidence-based supplementation. Concrete recommendations for action result in a prognostically relevant benefit for health and longevity.

Our goal is not just to give you more years, but to add more life to those years.

We care for you! We are wholeheartedly committed to provide the best medical service to you.

### Address

**EPC GmbH**  
**im Medical Center Düsseldorf**  
**Prof. Dr. med. Uwe Nixdorff**  
**Ärztlicher Geschäftsführer**

Luise-Rainer-Straße 6–10  
40235 Düsseldorf

T +49 211 83 86 2850  
F +49 211 83 86 2899  
nixdorff@epccheckup.de  
www.epccheckup.com

### Profile

Patients per year approx. 1,500

### International office

Private wards

Special dietary requirements

### Special areas

IST-Integral Stress Testing	✓
Healthy and longevity assessment	✓
Cardiovascular risk stratification	✓
Cardiac multi detector computed tomography (MDCT)	✓
Calcium scoring (CACS)	✓
Non-invasive coronary angiography (CCTA)	✓

### Medical departments

Cardiology	✓
Dermatology	✓
ENT (ear, nose and throat)	
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	
Internal medicine	✓
Metabolic medicine and endocrinology	✓
Neurology	✓
Neurosurgery	
Oncology	
Ophthalmology	✓
Orthopaedics	✓
Paediatrics	
Phlebology	✓
Plastic surgery	✓
Pneumology	✓
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	





## Health & Care Medical Prevention

### Health & Care Medical Prevention: Your Premium Health Check-up Center

Located in the prestigious MedienHafen district on the Rhine, Health & Care Medical Prevention is a distinctive medical facility offering comprehensive health check-ups exclusively in the city. We provide personalised preventive care for each patient, focusing on health issues such as heart disease, diabetes, stroke and cancer. The convenience of our location ensures easy access to the vibrant city center and Düsseldorf International Airport. Our facility is equipped with state-of-the-art medical technology, including the latest ultrasound devices, AI-assisted diagnostic tools and a 3 Tesla MRI with a video-in-bore solution to ensure comfort during examinations, even for anxious patients. Under the supervision of experienced physicians trained in renowned healthcare institutions, our team carefully analyses individual health risks and creates tailored treatment plans that enable patients to make informed decisions about their well-being. Privacy and exclusivity are our top priorities at Health & Care Medical Prevention. Patients can relax in their own lounge area during their stay and are provided with nutritious meals and drinks.

Take a step towards a healthier future and experience trustworthy German medical care with your individual check-up package.

Book your premium health check-up now at Health & Care Medical Prevention!

#### Address

**Health & Care Medical Prevention**  
powered by Cardio & Health Centrum

Neuer Zollhof 3  
40221 Düsseldorf

T +49 211 95 43 22 10  
F +49 211 95 43 22 19  
contact@healthcare-prevention.com  
www.healthcare-prevention.com

#### Profile

**International office** ✓

Private wards

**Special dietary requirements** ✓

#### Special areas

**Preventive medicine** ✓

**Sports Cardiology** ✓

**Heart CT scan and Cardiac MRI** ✓

**Laboratory diagnostics** ✓

**Hypertensiology** ✓

**Occupational Medicine** ✓

**Sleep medicine** ✓

**Complementary medicine** ✓

**Stress management** ✓

**Intravenous micronutrient therapy** ✓

#### Medical departments

**Cardiology** ✓

**Dermatology** ✓

**ENT (ear, nose and throat)** ✓

**Gastroenterology** ✓

General dentistry

**Gynaecology and reproductive medicine** ✓

Hand surgery

**Internal medicine** ✓

**Metabolic medicine and endocrinology** ✓

**Neurology** ✓

Neurosurgery

Oncology

**Ophthalmology** ✓

**Orthopaedics** ✓

Paediatrics

**Phlebology** ✓

Plastic surgery

**Pneumology** ✓

Psychiatry/  
psychosomatic medicine

**Radiology** ✓

Rheumatology

Surgery

Transplant surgery

**Urology** ✓

**Vascular medicine** ✓

Venereology





## Helios Klinikum Krefeld

The Helios Klinikum Krefeld is a modern maximum care facility and welcomes patients with an open and friendly atmosphere. Here, specialised teams from almost all medical fields work together in an interdisciplinary manner. Thanks to state-of-the-art technical equipment, Helios Klinikum Krefeld not only offers the best medicine by way of specialisation and networking, but also the highest quality standards in care.

The Helios Private Clinic Krefeld is located on the 5th floor, with a very special furnishing and service approach: based on the concept of “healing architecture”, the innovative design enhances the well-being of patients and relatives alike.

The oncology centre offers cancer patients care at the highest level. Our interdisciplinary and DKG-certified cancer centres specialise in the treatment and care of tumour patients.

One hospital, three locations: Helios Klinikum Krefeld, Helios St. Josefhospital Uerdingen and Helios Cäcilien-Hospital Hüls. Measured by the number of inpatients, Krefeld thus currently has the largest hospital in North Rhine-Westphalia. The targeted medical specialisation of the individual sites takes into account the high demands for increasingly complex treatments as well as individual patient needs.

The Ortho-Campus in Hüls, for example, offers joint replacement and subsequent rehabilitation under one roof – continuously supervised by a familiar team.

### Address

#### Helios Klinikum Krefeld

Lutherplatz 40  
 47805 Krefeld

T +49 30 6832 3885

DUS-health@  
 helios-international.com

www.helios-gesundheit.de/  
 kliniken/krefeld

### Profile

No. of beds approx. 1,278

Patients per year approx. 145,000

International office	✓
Private wards	✓
Special dietary requirements	✓

### Special areas

Orthopaedics	✓
Oncology/Haematology	✓
Gynaecology	✓
Cardiology/Cardiosurgery	✓
Neurosurgery/Spine surgery	✓

### Medical departments

Cardiology	✓
Dermatology	✓
ENT (ear, nose and throat)	✓
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	✓
Internal medicine	✓
Metabolic medicine and endocrinology	✓
Neurology	✓
Neurosurgery	✓
Oncology	✓
Ophthalmology	✓
Orthopaedics	✓
Paediatrics	✓
Phlebology	✓
Plastic surgery	✓
Pneumology	✓
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	✓
Surgery	✓
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	✓



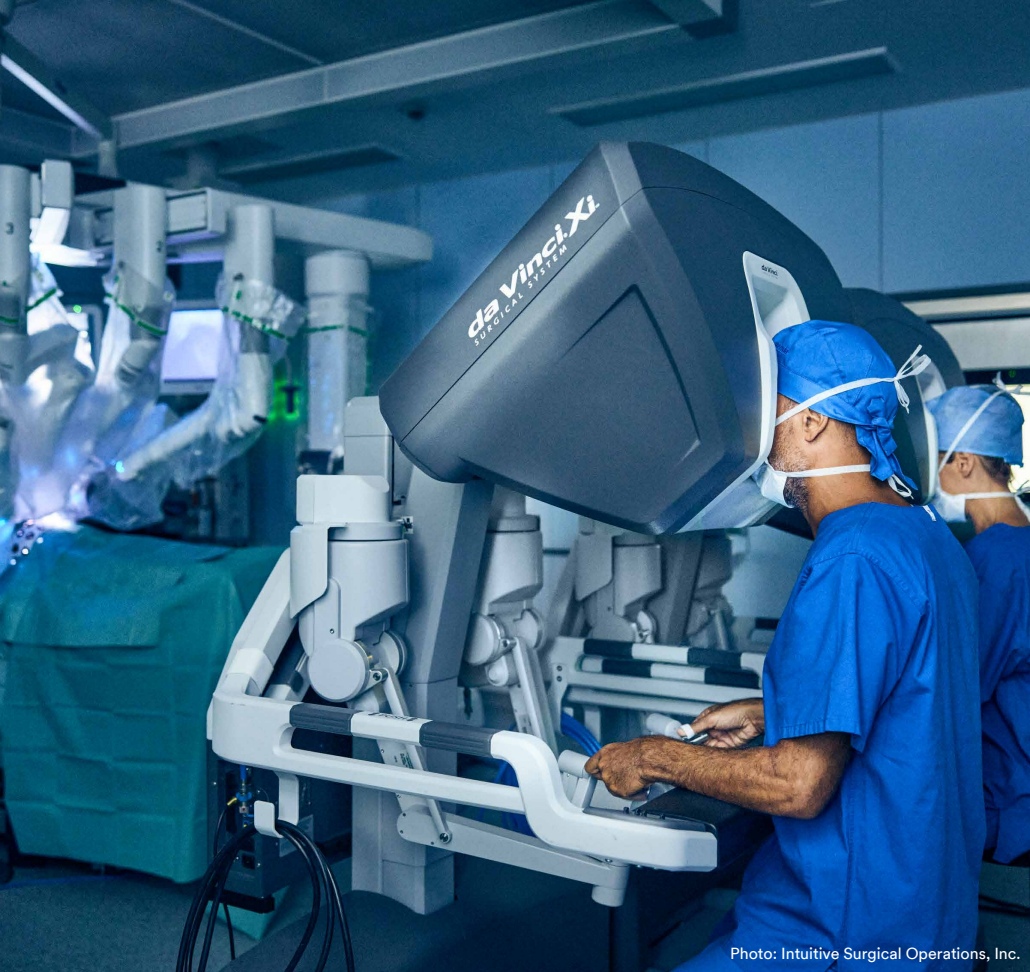


Photo: Intuitive Surgical Operations, Inc.



## Paracelsus Klinik Golzheim

Paracelsus Klinik Golzheim Düsseldorf is the largest urological specialist clinic in Germany and enjoys an excellent reputation both nationwide and worldwide. The treatment of urogenital cancers is a core element of the clinic's spectrum of medical services and is characterised by the highest medical expertise and the long-standing experience of the surgeons.

The Düsseldorf specialist clinic has established one of the leading centers for robot-assisted urological surgery (Da Vinci®). Da Vinci® robots of the newest design are at your disposal. The entire spectrum of surgical procedures (adrenal, kidney, ureter, bladder, prostate, and reconstruction) is performed with or without robotic assistance. As a renowned specialist clinic, Paracelsus Klinik Golzheim houses the skills of top European surgeons all in one place.

In addition, the urological specialist clinic gathers an experienced team of physicians in the fields of lithotripsy, benign prostate hyperplasia, continence therapy and andrology and acts according to the principle: a full range of services – from diagnostics to treatment and aftercare.

For Paracelsus Klinik Golzheim, urology is not just one area of expertise among many, but is at the top of its daily professional endeavors. All employees are specialised in the field of urology.

Paracelsus Klinik Golzheim is often listed among Germany's top clinics; our specialists are also continuously awarded as experts in the treatment of urological tumors.

### Address

#### Paracelsus Klinik Golzheim Düsseldorf

Friedrich-Lau-Straße 11  
40474 Düsseldorf  
T +49 211 4386-0  
info@golzheim.pkd.de  
www.paracelsus-kliniken.de/  
fach/golzheim-duesseldorf

### Profile

No. of beds	84
Patients per year	11,500

International office	✓
Private wards	✓
Special dietary requirements	✓

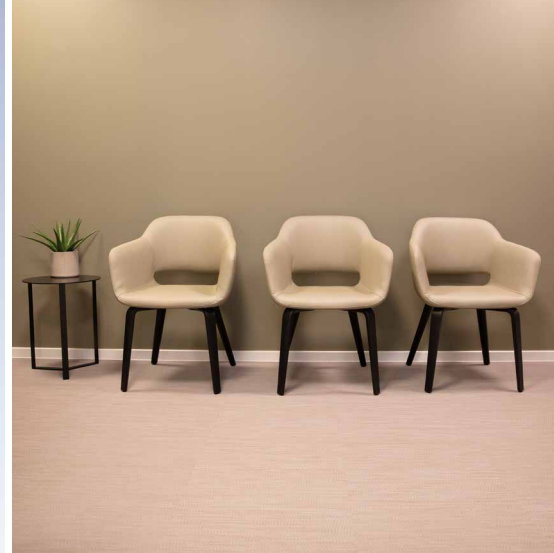
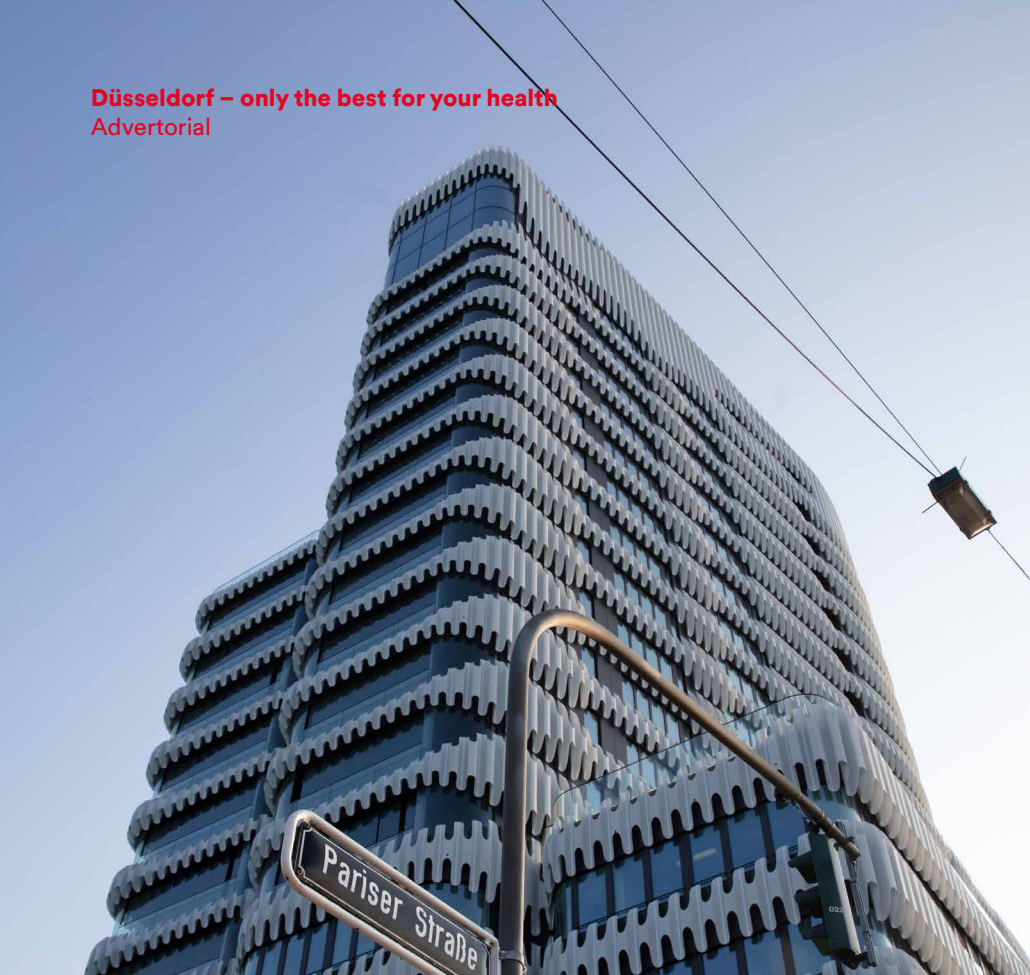
### Special areas

Prostate cancer and other prostate diseases	✓
Kidney cancer and other kidney diseases	✓
Robot-assisted urological surgery	✓
Bladder cancer	✓
Incontinence	✓

### Medical departments

Cardiology
Dermatology
ENT (ear, nose and throat)
Gastroenterology
General dentistry
Gynaecology and reproductive medicine
Hand surgery
Internal medicine
Metabolic medicine and endocrinology
Neurology
Neurosurgery
Oncology
Ophthalmology
Orthopaedics
Paediatrics
Phlebology
Plastic surgery
Pneumology
Psychiatry/ psychosomatic medicine
Radiology
Rheumatology
Surgery
Transplant surgery
<b>Urology</b> ✓
Vascular medicine
Venereology





## RKM740 Interdisziplinäre Facharztklinik

### Future-oriented specialist clinic

As an interdisciplinary specialist clinic within RKM740, our primary focus is you. And free of the pressure of time. The clinic is located in an extraordinary setting directly on the Rhine (at kilometre 740), between Düsseldorf-Oberkassel and Düsseldorf-Heerdt. Our affiliated specialist practices and interdisciplinary centres offer you maximum expertise – and not only in mainstream medicine, but also in alternative and complementary treatment approaches. We think ahead. We set new standards. For you and your health.

We focus on people and their health.

We are trailblazers. As a future-oriented specialist clinic, we are fully committed to salutogenesis: the holistic care of our patients. At our clinic, we focus on the patients. Our goal is to develop an individualised, holistic therapy for you based on state-of-the-art diagnostics, drawing on the combination of years of experience in mainstream medicine, empathy and complementary treatment methods (Ayurvedic medicine, acupuncture, medical osteopathy and naturopathy). The heart of our work is prevention, based on three cornerstones: identifying risks, articulating risks and minimising risks. We offer appropriate and thorough screening and preventive programmes aimed at preventing you from becoming sick, we provide you with good advice and support and we guarantee you early detection and therapy in the event that you need it.

#### Address

**RKM 740**  
**Interdisziplinäre Facharztklinik**

Pariser Str. 89  
40549 Düsseldorf  
T +49 211-95954-740  
info@rkm740-klinik.de  
www.rkm740-klinik.de

#### Profile

International office	✓
Private wards	✓
Special dietary requirements	✓

#### Special areas

Salutogenetic approach (health maintenance)	✓
Holistic medicine	✓
Preventive medicine	✓
Conservative and operative	✓
Outpatient and inpatient	✓

#### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	✓
Gastroenterology	✓
General dentistry	✓
Gynaecology and reproductive medicine	
Hand surgery	
Internal medicine	✓
Metabolic medicine and endocrinology	✓
Neurology	
Neurosurgery	✓
Oncology	✓
Ophthalmology	
Orthopaedics	✓
Paediatrics	
Phlebology	
Plastic surgery	✓
Pneumology	
Psychiatry/psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	✓





## Sana Klinik Düsseldorf (Gerresheim)

Sana Hospital Group is a group of world-class, award-winning private hospitals, outpatient and diagnostic centers spread across Germany. It is an integrated healthcare delivery system with 56 hospitals and over 34.300 employees serving more than 2.2 million patients annually.

Sana Kliniken Düsseldorf (Gerresheim) is centrally located close to the international Duesseldorf Airport. The hospital, which was newly built in 2012, has 250 beds in state-of-the-art, comfortable patient rooms, seven new operating rooms and a newly built intensive care unit. Annually, 25,000 patients are treated as inpatients and 26,000 as outpatients.

The departments of Plastic and Aesthetic Surgery, Orthopedics and Trauma Surgery with Endoprosthesis, Internal Medicine with Gastroenterology and Cardiology, Vascular Medicine and Pediatric Neurology have earned a high national and international reputation in recent years. Many chief physicians have received several prestigious awards, making them among the best doctors in their field in Germany.

Sana is able to assist international patients with arranging medical appointments and hospital admission in all hospitals and medical centers. Culturally trained multilingual staff act as a first point of contact for all questions about medical treatment in Germany. Patient coordinators and Case Managers can guarantee:

- Delivery of the cost estimates within 48 hours
- Transparent statement of costs for the medical procedures

Please contact us for further information and treatment inquiries.

### Address

#### Sana Hospital Düsseldorf

Gräulinger Straße 120  
40625 Düsseldorf

T +49 30 6290110 100  
F +49 30 6290110 199  
international@sana.de  
www.sana.de

### Profile

No. of beds	approx. 250
Patients per year	51,000

International office	✓
Private wards	✓
Special dietary requirements	✓

### Special areas

Plastic & Aesthetic Surgery/ Hand Surgery	✓
Orthopaedic and Trauma Surgery	✓
Bariatric Surgery	✓
Pneumology	✓
Paediatric Neurology	✓

### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	✓
Internal medicine	✓
Metabolic medicine and endocrinology	
Neurology	✓
Neurosurgery	
Oncology	
Ophthalmology	
Orthopaedics	✓
Paediatrics	✓
Phlebology	
Plastic surgery	✓
Pneumology	✓
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	
Vascular medicine	✓
Venereology	



**Düsseldorf – only the best for your health**  
**Advertorial**



## Sana Klinik Duisburg

Sana Hospital Group is a group of world-class, award-winning private hospitals, outpatient and diagnostic centers spread across Germany. It is an integrated healthcare delivery system with 56 hospitals and over 34.300 employees serving more than 2.2 million patients annually.

With its 18 specialist departments, four institutes and the affiliated medical center, Sana Kliniken Duisburg is a maximum care center. As an academic teaching hospital of the University of Duisburg-Essen, we offer state-of-the-art treatment methods and medical science. Our hospital treats 22,000 inpatients and 60,000 outpatients from Germany and abroad every year.

The Neuro Center, the Oncology Center and the Perinatal Center, which are headed by outstanding chief physicians, are at the center of the comprehensive range of services offered by Sana Klinik Duisburg. In addition, the Therapy and Mobility Center offers assistance in maintaining health and mobility at any age as well as targeted offers for rehabilitation sports.

Sana is able to assist international patients with arranging medical appointments and hospital admission in all hospitals and medical centers. Culturally trained multilingual staff act as a first point of contact for all questions about medical treatment in Germany. Patient coordinators and Case Managers can guarantee:

- Delivery of the cost estimates within 48 hours
- Transparent statement of costs for the medical procedures

Please contact us for further information and treatment inquiries.

### Address

#### Sana Hospitals Duisburg

Zu den Rehwiesen 9  
 47055 Duisburg

T +49 30 6290110 100  
 F +49 30 6290110 199  
 international@sana.de  
 www.sana.de

### Profile

No. of beds	678
Patients per year	82,000

International office	✓
Private wards	✓
Special dietary requirements	✓

### Special areas

Radiology and Neuroradiology	✓
Neurosurgery	✓
Paediatrics	✓
Neurology	✓
Oncology	✓
Hematology	✓

### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	
Gastroenterology	
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	
Internal medicine	
Metabolic medicine and endocrinology	
Neurology	✓
Neurosurgery	✓
Oncology	✓
Ophthalmology	
Orthopaedics	✓
Paediatrics	✓
Phlebology	
Plastic surgery	✓
Pneumology	✓
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	✓
Surgery	✓
Transplant surgery	
Urology	
Vascular medicine	✓
Venereology	





## Sana Klinikum Remscheid

Sana Klinikum Remscheid is an academic teaching hospital near Duesseldorf and Cologne airports with 684 beds and 14 medical departments, including Medical Clinic I with the specialties of cardiology, angiology, pneumology, nephrology and intensive care medicine. The head of Medical Clinic I is Prof. Burkhard Sievers, MD, and the section head of the pneumology department is Dr. Heinz-Wilhelm Esser, MD. A modern diagnostic center and 3 catheter laboratories are available for diagnostic and therapeutic interventions, in which interventional procedures on the heart, including heart valve therapies, and on all vessels are performed. The large intensive care unit allows for comprehensive intensive medical care as well as complex therapeutic interventions. Prof. Sievers' clinic has a large day-care dialysis unit, a Cardio-Onco-cology Center, a Gender Heart Center as well as a certified Chest Pain Unit and Heart Failure Unit. Through the affiliated study center, patients benefit from innovative and modern therapy. National and international patients are cared for on modern wards. Telemetry units for rhythm monitoring as well as modern and attractive private ward with single and double rooms for self-pay patients and patients with private insurance. The clinic is located in a unique scenic location in the countryside, which supports recovery, healing process and well-being. A unique selling point is the direct connection of the clinic to the Cardiomed24 practice and the immediate and uncomplicated transsectoral appointment allocation from a single source.

### Address

#### Sana Klinikum Remscheid

Burger Str. 211  
42859 Remscheid  
T +49 2191 13 4000  
T +49 2191 13 4006  
gizem.koese@sana.de  
denise.schlueter@sana.de  
www.sana-klinikum-remscheid.de

#### International Office

Melissa Koc  
T +49 2191 13 4051

### Profile

No. of beds 684  
Patients per year approx. 24,300

International office	✓
Private wards	✓
Special dietary requirements	✓

### Special areas

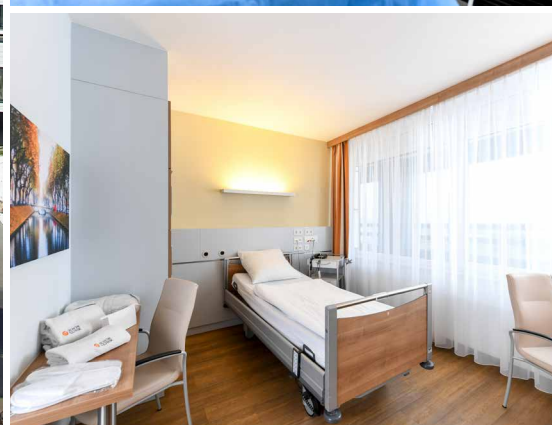
Cardiology	✓
Angiology	✓
Pneumology	✓
Intensive Care Medicine	✓
Nephrology	✓
Hypertensiology	✓
Lipidology	✓
Gender medicine	✓

### Medical departments

<b>Cardiology</b>	✓
Dermatology	
ENT (ear, nose and throat)	
Gastroenterology	
General dentistry	
Gynaecology and reproductive medicine	
Hand surgery	
<b>Internal medicine</b>	✓
Metabolic medicine and endocrinology	
<b>Nephrology</b>	✓
Neurology	
Neurosurgery	
Oncology	
Ophthalmology	
Orthopaedics	
Paediatrics	
Phlebology	
Plastic surgery	
<b>Pneumology</b>	✓
Psychiatry/ psychosomatic medicine	
<b>Radiology</b>	✓
Rheumatology	
Surgery	
Transplant surgery	
Urology	
<b>Vascular medicine</b>	✓



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**Advertorial**



## Schön Klinik

Welcome to Schön Clinic Düsseldorf, your premier healthcare destination on the enchanting left bank of the Rhine. Nestled along the picturesque riverfront, our world-class facility stands as a beacon of excellence, specializing in surgery, orthopedics, and internal medicine. With an unwavering commitment to providing top-tier care, our dedicated team of over 500 skilled professionals tends to the well-being of more than 30,000 patients annually.

At the forefront of our expertise lies our orthopedic superior competence, with which we adeptly navigate diseases of the spine, joints, and sports-related injuries. We hold esteemed certification as specialists in both spine care and endoprosthetics, a testament to our dedication to cutting-edge advancements.

Our exceptional team of general and visceral surgeons excels in pioneering minimally invasive techniques for a range of abdominal conditions. In gastroenterology, we offer precise diagnoses and tailored treatments for ailments affecting the stomach, intestines, bile ducts, and liver.

In matters of the heart, our comprehensive cardiology department stands resolute, offering a haven of solutions for heart failure, heart attacks, and cardiac arrhythmias. Through seamless collaboration with our esteemed counterparts in angiology and vascular surgery, we provide holistic care, including shunt surgeries and vascular interventions.

Our ENT clinic is renowned beyond the city limits for translating cutting-edge research into practical care, setting new standards in the field. Your well-being is our utmost priority, and we invite you to embark on a journey of health and vitality with Schön Clinic Düsseldorf.

### Address

#### Schön Klinik Düsseldorf

Am Heerdter Krankenhaus 2  
 40549 Düsseldorf

T +49 211 567 0  
 KlinikDuesseldorf@schoen-klinik.de  
 www.schoen-klinik.de

### Profile

No. of beds	207
Patients per year	30,000

### International office



### Private wards



Special dietary requirements

### Special areas

Orthopaedics (shoulder, knee, elbow, hip)	✓
Spine specialist centre	✓
Vascular surgery (shunt surgery)	✓
Ear, nose and throat medicine	✓
Visceral surgery, proctology, cardiology (cardiac catheter laboratory)	✓

### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	✓
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	
Hand surgery	
Internal medicine	✓
Metabolic medicine and endocrinology	
Neurology	
Neurosurgery	
Oncology	
Ophthalmology	
Orthopaedics	✓
Paediatrics	
Phlebology	
Plastic surgery	✓
Pneumology	
Psychiatry/psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	
Vascular medicine	✓
Venereology	





## Städtisches Klinikum Solingen

The Academic Hospital Solingen is one of the most modern hospitals in Europe. It offers their patients individualised diagnostics, outpatient and inpatient treatment at a highest level. The Solingen Clinic has 16 specialised departments. Specialists from a wide range of disciplines work together under one roof. The latest medical technology, innovative information technology and architecture are oriented towards the care process support doctors, nurses and therapists. The staff is characterised by high professional competence and touching care for patients.

- 658 beds
- Staff of more than 1,900 employees
- More than 60,000 patients are cared for annually
- 16 specialized departments

Comfortable apartments are in the immediate vicinity of the clinic. The beautiful botanical garden is just a stone's throw away and invites you to take a stroll. The clinic is centrally located in a quiet neighborhood. Solingen has both the infrastructure of a big city and the charme of a provincial town. Düsseldorf and many other cities are within easy reach. The International Department is accommodated in the main building of the hospital and is open daily from 9.00 to 16.00. The staff can be contacted by telephone around the clock. The department has its own interpreters and chaperones.

### Address

#### International Office am Klinikum Solingen

Gotenstraße 1  
42653 Solingen

T +49 212 547 69 13  
T +49 177 540 42 70  
T +49 173 203 40 66  
F +49 212 547 69 34  
kontakt@

international-office-solingen.de  
www.clinic-solingen.de

### Profile

No. of beds	658
Patients per year	60,000

International office	✓
Private wards	✓
Special dietary requirements	✓

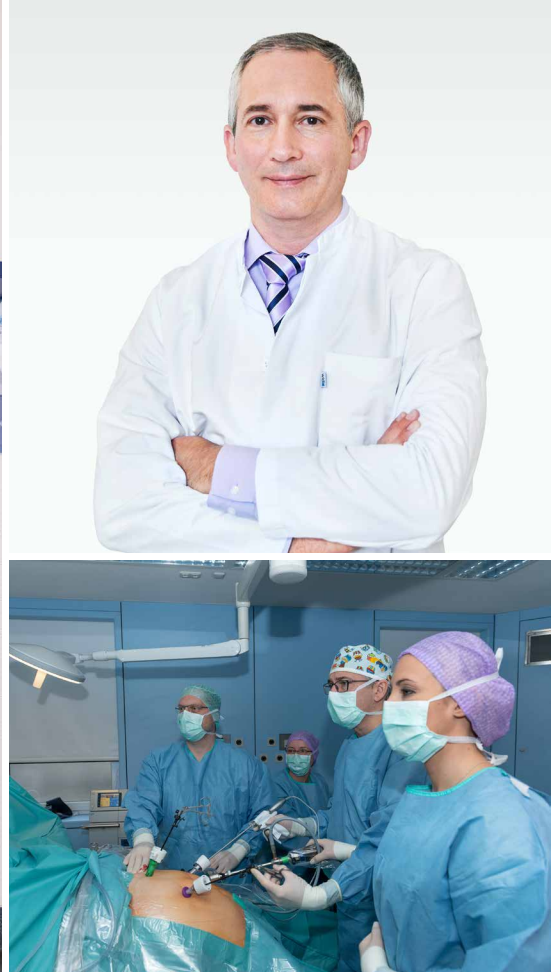
### Special areas

Gastroenterology/Oncology	✓
Gynaecology	✓
Breast clinic	✓
Neurosurgery	✓
ENT	✓
Cardiology	✓
Surgery	✓
Nephrology	✓

### Medical departments

Cardiology	✓
Dermatology	
ENT (ear, nose and throat)	✓
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	✓
Hand surgery	✓
Internal medicine	✓
Metabolic medicine and endocrinology	
Neurology	
Neurosurgery	
Oncology	✓
Ophthalmology	
Orthopaedics	✓
Paediatrics	✓
Phlebology	✓
Plastic surgery	
Pneumology	✓
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	✓
Surgery	✓
Transplant surgery	
Urology	✓
Vascular medicine	✓
Venereology	





## St. Martinus-Krankenhaus Düsseldorf

Known far beyond the Rhine-Ruhr metropolitan region, St. Martinus Hospital boasts six medical departments and three medical centres. With state-of-the-art technology, experienced physicians, highly qualified nursing staff and ample empathy, the hospital stands for high medical competence, a 100-year Christian tradition and a welcoming environment.

In the Düsseldorf obesity centre, head physician Dr. med. Dmitrij Dajchin and his team concentrate on the treatment of obese patients. As a specialist in general and visceral surgery, as well as proctology, Dajchin manages the certified obesity centre (DGAV). Here, great emphasis is placed on personal care, the close involvement of the patient in the treatment process and a high standard of treatment. As a leading obesity and visceral surgeon, Dajchin performs more than 250 obesity operations per year.

The St. Martinus Hospital Bowel Centre is a competent treatment partner for a wide range of bowel diseases – from functional disorders to benign and malignant tumours. The visceral surgery team brings extensive experience and expertise in treating colon and rectal cancers. For patients, this means top-tier treatment. Boasting about 25 years of clinical experience as an intestinal specialist, Dajchin primarily uses minimally invasive techniques, making tiny incisions for a more gentle approach.

### Address

**St. Martinus-Krankenhaus  
Düsseldorf**

Gladbacher Straße 26  
40219 Düsseldorf  
T +49 211 917 0  
F +49 211 917 12 22  
info@martinus-duesseldorf.de  
www.martinus-duesseldorf.de

### Profile

No. of beds	approx. 209
Patients per year	9,000

### International office

Private wards	✓
Special dietary requirements	✓

### Special areas

Obesity	✓
Intestinal Diseases	✓
Diabetes mellitus	✓
Proctology	✓
Hernia surgery	✓

### Medical departments

Cardiology	
Dermatology	
ENT (ear, nose and throat)	
Gastroenterology	✓
General dentistry	
Gynaecology and reproductive medicine	
Hand surgery	✓
Internal medicine	✓
Metabolic medicine and endocrinology	✓
Neurology	
Neurosurgery	
Oncology	✓
Ophthalmology	✓
Orthopaedics	✓
Paediatrics	
Phlebology	
Plastic surgery	✓
Pneumology	
Psychiatry/ psychosomatic medicine	
Radiology	✓
Rheumatology	
Surgery	✓
Transplant surgery	
Urology	
Vascular medicine	
Venereology	





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# Where healthcare is going



Messe  
Düsseldorf



## Excellent medical treatment – overview

	Association of Catholic Hospitals Düsseldorf (VKKD)	Cardiomed24	Clinic Bel Etage & Medical	Clinic for Urology and Uro-Oncology Düsseldorf – PD Dr. Hoda	EPC – European Prevention Center	Health & Care Medical Prevention
<b>Profile</b>						
International office	✓	✓	✓		✓	✓
Private wards	✓	✓	✓	✓		
Special dietary requirements	✓		✓			✓
<b>Medical departments</b>						
Cardiology	✓	✓	✓		✓	✓
Dermatology					✓	✓
ENT (ear, nose and throat)			✓			✓
Gastroenterology	✓				✓	✓
General dentistry						
Gynaecology and reproductive medicine	✓				✓	✓
Hand surgery						
Internal medicine	✓	✓			✓	✓
Metabolic medicine and endocrinology	✓				✓	✓
Neurology	✓				✓	✓
Neurosurgery	✓		✓			
Oncology	✓		✓			
Ophthalmology	✓				✓	✓
Orthopaedics	✓		✓		✓	✓
Paediatrics	✓		✓			
Phlebology	✓				✓	✓
Plastic surgery			✓		✓	
Pneumology	✓	✓			✓	✓
Psychiatry/psychosomatic medicine	✓					
Radiology	✓	✓	✓		✓	✓
Rheumatology						
Surgery	✓		✓			
Transplant surgery						
Urology	✓		✓	✓	✓	✓
Vascular medicine	✓	✓	✓		✓	✓
Venereology	✓					



Helios Klinikum Krefeld	Paracelsus Klinik Golzheim	RKM740 Interdisziplinäre Facharztambulanz	Sana Klinik Düsseldorf (Gerresheim)	Sana Klinik Duisburg	Sana Klinikum Remscheid	Schön Klinik	Städtisches Klinikum Solingen	St. Martinus-Krankenhaus Düsseldorf
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# World-leading health fairs



With over 4,500 exhibitors and more than 81,000 visitors, **MEDICA** is one of the largest medical B2B trade fairs in the world. Its focus is on medical products and technology.

**COMPAMED**



**COMPAMED** takes place annually in parallel with MEDICA and is a leading international trade fair for the medical technology supplier sector with over 700 exhibitors.



Medical trade fairs are the heart of Messe Düsseldorf's global event program. The city is host to events such as leading medical B2B trade fair, MEDICA, REHACARE, the world's most important trade fair for rehabilitation, prevention, integration and care, and COMPAMED, the leading international trade fair for the suppliers of medical technology and services.



**REHACARE INTERNATIONAL** is Europe's leading trade fair for care and rehabilitation (almost 800 exhibitors / 39,000 visitors).



At **A+A**, which takes place every two years, everything revolves around health and safety at work. With 1,900 exhibitors and more than 65,000 visitors it is a global leader.



# Luxury hotels

As the venue for major international trade fairs and as a shopping city for designer goods and high-end fashion, Düsseldorf also has a large number of luxury hotels. In total, Düsseldorf has two 5-star hotels and over forty 4-star hotels including such illustrious properties as THE WELLEM or Breidenbacher Hof.









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## Breidenbacher Hof

★★★★★  
Superior

Located in the heart of Düsseldorf, directly on the iconic Königsallee, the Breidenbacher Hof welcomes its guests with both warm and caring service from its dedicated team.

In keeping with Breidenbacher Hof's elegant style and generous spirit among luxury hotels in Düsseldorf, the 85 rooms and 21 suites make the perfect haven for spending time in Düsseldorf, full of natural light, with sumptuous, dreamy beds and far-reaching views across the city. The stylish ambience in the living room, paired with the unique service of our Personal Assistants, also contributes to a carefree stay.

A much-loved fixture with locals and guests alike, the selection of dining spaces and bars which cater to every taste, whether it's an extensive breakfast, an afternoon tea in the Lobby Lounge or an intimate dinner in the restaurant, The Duchy.

The state-of-the-art fitness room and the spacious spa area with an indoor pool, a steam bath, Finnish saunas and private treatment rooms is the perfect antidote to the noise and bustle of the city.

Hotel guests can also enjoy exclusive access to the private Preventicum Clinic, which, under the direction of Professor Dr. Baumgart, caters entirely to individual needs in terms of health and well-being.

The concept of the Preventicum includes not only analytical and diagnostic procedures but also promises added benefits through proactively and sustainably assisting clients and patients in various vital areas of wellness and wellbeing.

### Address

#### Breidenbacher Hof

Königsallee 11  
40212 Düsseldorf

T +49 211 160 900  
F +49 211 160 90 111  
info@breidenbacherhof.com  
www.breidenbacherhof.com

### Profile

Suites	21
Rooms	85
Restaurants	2

### Amenities

Pool	✓
Wellness	✓
Fitness center	✓
Butler service	✓
Valet service	✓
Smoker's lounge	✓
Special dietary requirements	✓
Clinic	✓
Satellite TV	✓





## Clayton Hotel Düsseldorf

Welcome to the Clayton Hotel Düsseldorf, where exceptional hospitality awaits you in the vibrant Little Tokyo quarter. Just a few minutes' walk from the famous shopping mile "Königsallee", the first-class superior hotel guarantees an excellent stay with outstanding infrastructure. Whether you arrive by car or train, visiting medical facilities, or embarking on a sightseeing adventure, the hotel's central location provides easy access to all major attractions and transportation hubs.

Enjoy a peaceful and comfortable stay in the modern and comfortable guest rooms. From spacious suites to connecting rooms, the hotel meets the individual needs of any family or individual, promising a relaxing and rejuvenating experience.

Experience the epitome of pure bliss on the 11th-floor rooftop as you dive into our stunning 20m pool. Relax and unwind while enjoying the breathtaking views. A state-of-the-art gym and various saunas offer the perfect harmony of relaxation and fitness.

Indulge in a culinary experience that caters to your preferences. The culinary team takes pride in offering a variety of dishes, from delightful local delicacies to international and Japanese delights, ensuring your taste buds are enchanted and satisfied.

At Clayton Hotel Düsseldorf, the many multilingual associates provide premium assistance, ensuring your stay is comfortable and enjoyable. The team strives to meet your unique needs and make your stay a memorable one.

Discover the essence of luxury in a warm and inviting atmosphere at Clayton Hotel Düsseldorf. Book your stay today and experience the perfect blend of relaxation and convenience in the heart of Düsseldorf.

### Address

#### Clayton Hotel Düsseldorf

Immermannstraße 41  
40210 Düsseldorf

T +49 211 834 0  
info.dus@claytonhotels.de  
www.claytonhotelduesseldorf.com

### Profile

Suites	49
Rooms	344
Restaurants	3

### Amenities

Pool	✓
Wellness	✓
Fitness center	✓
Butler service	
Valet service	✓
Smoker's lounge	
Special dietary requirements	
Clinic	
Satellite TV	✓



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## Leonardo Royal Düsseldorf Königsallee

The Leonardo Royal Düsseldorf Königsallee is a luxurious, modern hotel that offers a perfect combination of style, location and comfort for anyone looking for accommodation in Düsseldorf. State-of-the-art, urban designs complete the facilities throughout the building with an elegant open lobby/bar and restaurant, 253 modern hotel rooms, a well-equipped fitness area and a relaxing sauna, offering guests a perfect start and end to their stay in the state capital Düsseldorf.

The city center of Düsseldorf is a great place for exceptional food and drink. In the Leonardo Royal Düsseldorf Königsallee you can enjoy delicacies with regional influences in the in-house Vitruv restaurant and in the stylish Leo bar and lounge. The daily breakfast buffet is a great way to start the day and offers a rich and varied choice. All dishes can also be delivered to your room by our room service.

The hotel is exclusively located in the heart of Düsseldorf, just a short walk from the luxurious shopping mile Königsallee 'Kö' and close to the old town, the art galleries K20 & K21 and the Medienhafen. The two in-house underground car parks and the good connection to public transport enable a comfortable arrival. The underground and S-Bahn station Graf Adolf-Platz opposite is only three stations away from the main train station.

### Address

#### Leonardo Royal Düsseldorf Königsallee

Graf-Adolf-Platz 8–10  
40213 Düsseldorf

T +49 211 38 480  
F +49 211 38 483 90  
[www.leonardo-hotels.com](http://www.leonardo-hotels.com)

### Profile

Suites	4
Rooms	253
Restaurants	1

### Amenities

Pool	
Wellness	✓
Fitness center	✓
Butler service	
Valet service	
Smoker's lounge	
Special dietary requirements	✓
Clinic	
Satellite TV	✓



# Art metropolis

**Düsseldorf**  
Live close Feel free

Düsseldorf is a hotspot for established art collectors and those who wish to start collecting. Given the size of the city, the density of galleries, museums and private collections is unique worldwide. Because art is part of the city's DNA. Over 100 galleries and auction houses showcase everything the art collector's heart desires – from contemporary art to modern classics to old masters. The local galleries offer the best service and expertise, and works from every conceivable period of art history. Which means there is something here for every art collector.

[www.galerien-duesseldorf.de](http://www.galerien-duesseldorf.de)



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## Meliá Düsseldorf

### Meliá Düsseldorf – A comfortable hotel in the most cosmopolitan city in Germany

An elegant hotel that perfectly reflects the multi-cultural personality of Düsseldorf. With an avantgarde interior design and a collection of exclusive services, the modern facilities and 201 well-equipped rooms and suites make you feel completely at home, no matter where you come from.

The hotel is just a few minutes' walk from the historic old town, private beauty clinics and the world-famous and exclusive shopping and fashion hotspots of Königsallee and KÖ-Bogen.

Enjoy culinary specialities in our Restaurant & Bar "AQUA" by being served with regional and international delicacies from our kitchen.

### The Level – A place created exclusively for you!

At The Level, you can enjoy maximum satisfaction and comfort with the most personalized service and exclusive benefits:

- Bright and spacious The Level rooms and suites
- Private check in & check out area
- Access to The Level lounge offering an open workspace and complimentary hot and cold beverages as well as sweet and savory snacks throughout the day
- Extensive daily breakfast buffet at The Level lounge



#### Address

##### Meliá Düsseldorf

Inselstraße 2  
40479 Düsseldorf  
T +49 211 52 28 40  
F +49 211 13 81-570  
melia.duesseldorf@melia.com  
www.melia.com

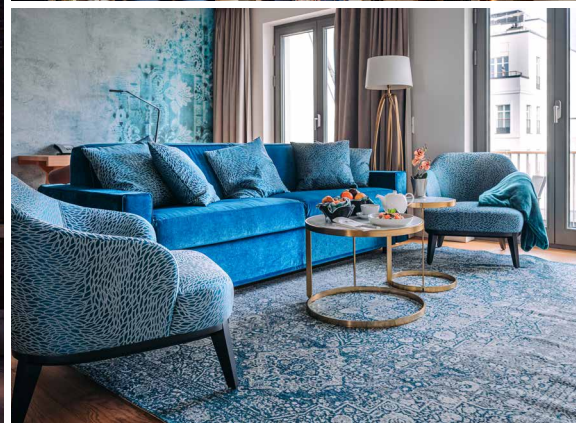
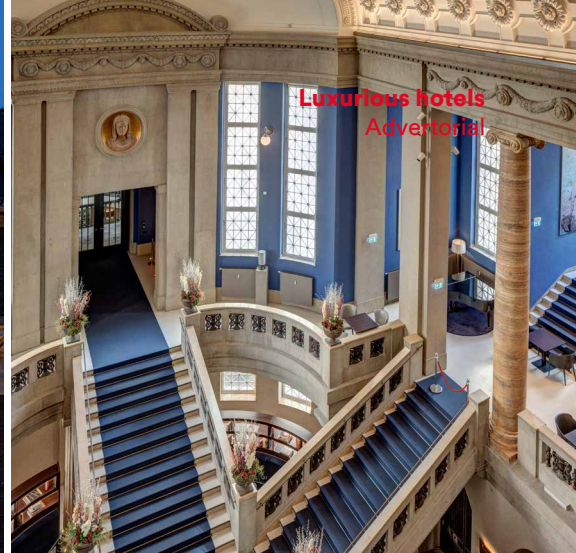
#### Profile

Suites	11
Rooms	190
Restaurants	1

#### Amenities

Pool	
Wellness	✓
Fitness center	✓
Butler service	
Valet service	
Smoker's lounge	
Special dietary requirements	✓
Clinic	
Satellite TV	✓





Luxurious hotels  
Adventorial

## The Wellem

### THE WELLEM – Unbound Collection by Hyatt

Luxury boutique hotel in Andreas Quartier Düsseldorf

The exclusive boutique hotel THE WELLEM in Düsseldorf's Old Town captivates with its history, timeless art and uniquely designed, spacious suites. Characterized by creativity, passion and unconventional ideas, THE WELLEM inspires its guests and immerses them in a magical world where nothing seems impossible - "The Art of Being Unique".

Right in the center of the country's capital, THE WELLEM at Andreas Quartier becomes your home away from home, whether for a short trip or a longer stay (up to 6 months). THE WELLEM's 102 studios and suites offer a fully equipped kitchen, separate bedroom and living area, as well as washer and dryer. The spacious studios and suites feature a warm design and are furnished with original artwork by renowned, international artists.

For your stay, the in-house concierge is available around the clock to fulfill all your wishes. Three restaurants, a bar and a café offer you varied delights for every taste and every occasion. In addition, THE WELLEM is the perfect starting point for a culinary discovery tour through Düsseldorf's old town.

★★★★★  
Superior

#### Address

##### The Wellem

Mühlenstrasse 34  
40213 Düsseldorf

T +49 211 547 650 610  
Sales@thewellem.com  
www.thewellem.com

#### Profile

Suites	102
Restaurants	5

#### Amenities

Pool	
Wellness	
Fitness center	✓
Butler service	
Valet service	✓
Smoker's lounge	
Special dietary requirements	✓
Clinic	
Satellite TV	✓



# Düsseldorf

Live close Feel free

Visit  
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[www.duesseldorf-health.de](http://www.duesseldorf-health.de)

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